

FREE**ORANGE****SERVING THE TRIANGLE****COMMUNITY
SPORTS NEWS****BASKETBALL ★ CYCLING ★ RUNNING ★ OUTDOORS****October 2024
Volume 41
#669****Rec, Greenway Bonds On Ballot****Joel Bulkley***Related Story Page 8*

Parks and recreation facilities would get \$4.5 million and greenways and open space \$2 million if the November bonds are approved by Chapel Hill voters. How the money would be spent will be determined after the town develops a new master plan for parks

**City Bond Measures
Total \$44 Million**

Chapel Hill voters are being asked to approve five bond measures totaling \$44 million in November. The selling point is voting yes won't raise property taxes.

The bonds will cover affordable housing (\$15M), public facilities (\$15M), streets and sidewalks (\$7.5M), parks and recreation (\$4.5M), open space and greenways (\$2M) and will help reduce the backlog of big capital projects needed by the town, like replacements for two aging fire stations.

The bonds will be issued over six years, in 2025, 2027 and 2030, the town said. As Chapel Hill pays off older bonds, new ones from 2024 will be issued. Additional bond votes are expected in a few years when projects like Legion Park, another greenway or a new police station may surface.

The specific projects in each bond category will be decided later and based on town needs, plans and priorities. For example, the rec department is hiring a consultant to develop a new master plan outlining facility and program needs for the next ten years. Without an updated plan, the town's efforts to obtain state grants were diminished in recent years.

There likely will be public meetings and hearings on issues like sidewalks and street needs before action is taken. Staff recommendations will play a part along with council sentiment and neighborhood support.

Those Vote Yes to Invest yard signs are from the Chamber of Commerce.

Early voting runs Oct. 17-Nov. 2. See story elsewhere in this issue for a schedule. On Election Day (Nov. 5) polls are open 6:30 a.m. to 7:30 p.m.

Orange County voters also face a \$300M school bond issue on Nov. 5. *J.B.*

and recreation programs and facilities.

A consultant, Berry/Dunn, is being hired to develop a plan and steer it through public hearings and neighborhood meetings, setting priorities for the next 10-15 years. The Town Council will make the final decisions.

Chapel Hill used federal covid recovery funds to start design and planning for some projects like greenway expansion and development in preparation for possible bond funding.

The town has plenty of recreation needs, way more than funds available, so issuing bonds is a means to start the process, reducing the project list after years of treading water. The master plan will outline needs and new priorities.

Sure, more greenway trails and pickleball courts are needed as well as a splash pad for families with young children and upgrades/improvements to existing facilities like new turf for the Homestead soccer fields or the climbing wall at the Community Center. Turf replacement is needed after ten years of play and the climbing wall is the original and in need of an upgrade.

The 2024 bond issue won't cover all these items and others yet to be determined, so additional rec bond issue(s) are expected in coming years. They're all expensive and construction costs surged after covid.

There are plenty of unknowns. There are new folks everywhere. City rec administrators are new, the town manager is the former police chief, the mayor is in her first term and many council members are new or nearly new. How they'll line up on new rec projects isn't clear. The council's past record is cloudy, but Penny for Parks funding was a big step for smaller projects.

Voting yes for the bonds means trusting the town to make good decisions on spending the money on behalf of all citizens, but critics point to the town's handling of the proposed Legion Park property as discouraging for park supporters.

The land was purchased from the American Legion using 2015 recreation bonds but the council later favored affordable housing over a park for the better portion of the property. They're moving ahead on housing and removing the pond. Planning for the park is later, perhaps in the new master plan.

**Will N.C. Courage
Be Sold, Move?**

Since midsummer news reports have swirled around "advanced negotiations" on the sale of the N.C. Courage women's soccer team in Cary to Marc Lasry's Avenue Capital Group by Steve Malik, owner of the Courage and NC FC.

The elephant in the room is what happens next. Will the Courage, who have the lowest average attendance in NWSL, be moved? The Courage are the only NWSL team that hasn't had an ownership change in the past few years as support and revenue for women's sports skyrocket. *J.B.*

Off The Dribble**Duke, UNC Among Top
Dozen Preseason Hoops****Chip Bremer**

This season's preseason Top 25 features plenty of teams from the recently expanded Big 12 (five in the top 10) and SEC (nine teams overall), but the ACC's top programs—Duke and UNC— remain firmly entrenched among them as we look forward to another stellar year of college basketball. So, without any further ado, here's an early look at the top men's teams:

1. Kansas

Like last season, the Jayhawks find themselves at the top of the preseason poll as the team to beat mostly due to the return of their potent frontcourt duo Hunter Dickinson and K.J. Adams and point guard Dajuan Harris. This season, Bill Self went into the transfer portal to grab some perimeter firepower in A. J. Storr (Wisconsin), Zeke Mayo (S. Dakota State), and Rylan Griffen (Arkansas), so they'll be even more dangerous.

2. Alabama

Right behind the Jayhawks, the Crimson Tide return All-American Mark Sears (21.5 ppg) at the point, along with guard Latrell Wright

North Carolina Basketball

The ACC has 18 teams and 20-game ACC schedules for the new basketball season. UNC partners with Duke, Wake, NC State for home and away games, plus 7 home and 7 away conference games.

UNC men's schedule with home games all caps:

Oct. 15, at Memphis, St. Jude Classic Tip-off, exhibition, 7 p.m., ESPNU; 27, JOHN-SON C. SMITH, exhibition, 2 p.m., ACCNX.

Nov. 4, ELON, 9 p.m., ACCN; 8, at Kansas, TBA; 15, AMERICAN, 8 p.m., ACCN; 22, at Hawaii, TBA; Maui Invitational, Lahaia, Maui, Hawaii, 25, Dayton, 11:30 p.m., ESPN2, 26, Auburn or Iowa State, 8:30 or 11 p.m., ESPNU/ESPN, 27, Colorado, UConn, Memphis or Michigan State, TBA.

Dec. 4, ACC-SEC Challenge, ALABAMA, 7:15 p.m., ESPN; 7, GEORGIA TECH, 2 p.m., ACCN; 14, LA SALLE, 4 p.m., The CW; 17, Florida, Jumpman Invitational, Charlotte, 7 p.m., ESPN; 21, UCLA, CBS Sports Classic, MSG, New York, TBA, CBS; 29, CAMPBELL, 8 p.m., ACCN.

Jan. 1, at Louisville, TBA, ACCN; 4, at Notre Dame, 12 noon CBS; 7, SMU, 9 p.m., ACCN; 13, at M.C. State, 4, ACCN; 15, CAL, 7, ACCN; 18, STANFORD, 2:15 p.m., The CW; 21, at Wake Forest, 9 p.m., ESPN; 25, BOSTON COLLEGE, 2:15 p.m., The CW; 28, at Pitt, 9 p.m., ESPN.

Feb. 1, at Duke, 6:30 p.m., ESPN; 8, PITT, TBA, ESPN; 10, at Clemson, 7 p.m., ESPN; 15, at Syracuse, 6 p.m., ESPN; 19, N.C. STATE, 7 p.m., ESPN or ESPN2; 22, VIRGINIA, 4 p.m., ESPN; 24, at Florida State, 7 p.m., ESPN.

March 1, MIAMI, TBA, ESPN; 4, at Va. Tech, 7 p.m., ESPN, ESPN2 or ESPNU; 8, DUKE, 6:30 p.m., ESPN.

sell and forward Grant Nelson and a bevy of talented freshmen and transfers. Things may get crowded with the additions of Auburn transfer Aden Holloway and freshman Labaron Philon in the backcourt and star frosh Derriion Reed and Rutgers transfer Cliff Omoruyi in the frontcourt, but this team will be the deepest in the country.

3. UConn

If any team could accomplish the "threepeat," it would have to be Danny Hurley's Huskies. Not only do they return a solid nucleus of Hassan Diarra, Solomon Ball, Alex Karaban, and Samson Johnson, but they add some highly-recruited perimeter firepower in freshman Liam McNeeley and St. Mary's transfer Aidan Mahaney.

4. Gonzaga

The Zags may have the best pair of guards on the west coast in Ryan Nembhard and Nolan Hickman, and returning center Graham Ike may be in line for All-American consideration. They did lose their best defender in Anton Watson, but the continued development of forward Ben Gregg and the addition of Tarleton State transfer Emmanuel Innocenti should offset pretty well.

5. Houston

Life without Jamal Snead and Damian Dunn should be fine for the Cougars, especially since they return every other key player, including starters L.J. Cryer, Emanuel Sharp, and J'Wan Roberts. To fill Snead's spot at the point, Kelvin Sampson will turn to Oklahoma transfer Milos Uzan, while sophomore Terrance Arceneaux is primed for a breakout year.

6. Iowa State

If defense wins championships, the Cyclones should be in good shape with Tamin Lipsey, Curtis Jones, Keshon Gilbert and Milan Momcilovic all returning from a squad that was among the national leaders in defensive efficiency a year ago. All four starters

*PRESEASON, Continued on page 6***ACC Hoops
Preview Nov. 13**

The next issue of CSN (Nov. 13) will highlight Chip Bremer's ACC Basketball Preview, fall sports wrapups and plenty of road race and cycling results.

Contact joelcsn1@gmail.com about advertising. Deadline is 7 days in advance.

SE Skiing follows in December.

**SIGN UP FOR CSN
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at community-sports-news.com

Fall Biking

**E-Bike Trails
Pump Track
Repairs
New Skills Area**

Page 5, This Issue

Reminder For Runners

Many races in Western North Carolina are being postponed, rescheduled or canceled due to issues caused by Hurricane Helene. Be sure you confirm the event will be held before heading out and be ready to change your plans on the fly. Also, be sure to check the DOT website frequently for latest highway status info.

NC Road Races

October 19

Tunnel to Towers 5K, Wake Forest, 8:30am, [runsignup.com](#).
Zero Prostate Cancer Run 5K, Lake Raleigh, 8:30 a.m., [support.zerocancer.org/site/rrrr](#).

October 20

Your First Mud Run, 2m with obstacles, Garner, 10:30 a.m., [runsignup.com](#).
Balloon Chasers 5K, Statesville, 7:30 a.m., [runsignup.com](#).
Feed Your Neighbor 5K, Wendell, 2:30 p.m., [runsignup.com](#).
47th Thomas Wolfe 8K, Asheville, 8am, [raceroster.com](#)

October 25

Second NCCU Homecoming Wellness Walk 5K, Elder Student Union, NCCU, Durham, 7 a.m., [runsignup.com](#).

October 26

First Cane Creek Mountain 3.3m trail, Camp Frontier, Snow Camp, 8:30am, [runsignup.com](#) by 9/27.
Marine Corps League Semester 5K, Graham, 10 a.m., [runsignup.com](#).

October 27

Mangum Elementary 5K, Bahama, 9am, [runsignup.com](#).
12th Day of the Dead 5K, 106 S. Wilmington St., Raleigh, 9 a.m., [fseries.com](#).
Nailed It 5K Pumpkin Run, Harmon Park, Kersnersville, 4 p.m., [runsignup.com](#).
Strides for Speech 5K, Joyner Park, Wake Forest, 12 noon, [runsugnp.com](#).
Sugar Rush 5m/3m, Amberly Clubhouse, Cary, 9:15 a.m., [runsignup.com](#).
Hallelujah Halo 5K Run, Lake Benson Park, Garner, 8 a.m., [runnc.com](#).
Franklin All Nighter, downtown Chapel Hill, 0.98m loop, 6:26 p.m. to 7:34 a.m., [runsignup.com](#).

[runsignup.com](#).

October 27

Triangle Trick or Trot 5K, WMSP, Cary, 8 a.m., [itsyourrace.com](#).

November 2

Peanut Butter Jelly Jog 5K, Trailhead Church, Graham, 8 a.m., [runsignup.com](#).
Schenck Forest Trail Run, 6.4m, NC State, Raleigh, 8 a.m., [runsignup.com](#).
Veterans 5K, Run for the Brave, Benson, 9 a.m., [runsignup.com](#).
She Rocks 5K, Long Leaf Park, Wilmington, 9 a.m., [runsignup.com](#)

November 9

Millstone Creek Apple Cider 5K/10K, Ramseur, 9 a.m., [itsyourrace.com](#).
6th Beaufort Bridge Run 5K, Beaufort, 8 a.m., [runsignup.com](#).
Fuzzy Pearl Trail Run 5K, Jacksonville, 8 a.m., [runsignup.com](#). *Live and Virtual.*

November 17

17th Eve Carson Memorial 5K for Education, Campus Y, UNC, Chapel Hill, 7:30 a.m., [runsignup.com](#).
Stars, Stripes and Strides, 5K/10K, Bond Park, Cary, 9 a.m., [runsignup.com](#). *Live and Virtual.*

November 23

Joint Ops 10K trail race, Fort Liberty, 8 a.m., [itsyourrace.com](#).
LaRue Run—Breast Cancer 5K, Country Park, Greensboro, 9:30 a.m., [runsignup.com](#).
Loaves and Fishes Run for Recovery 5K, Turner & Front Sts, Beaufort, 8 a.m., [runsignup.com](#).
OBX 5K/8K, Nags Head, [itsyourrace.com](#).
Reidsville YMCA Turkey Trot 5K, Reidsville, 9:15 a.m., [runsignup.com](#).

[runsignup.com](#).

November 10

3rd Jodi Kovich Memorial 5K, Forest Hills Park, Durham, 8 a.m., [runsignup.com](#).

Kilometers for the Kids 5K, Old Well, UNC, Chapel Hill, 7:30 a.m. [runsignup.com](#). *Live & Virtual.*

10th Cary Academy 5K, Cary, 9 a.m., [runsignup.com](#).

November 15

A Shot in the Dark Night Trail Race 5K/10K, Charlotte, 8:30 p.m., [center.whitewater.org/race](#). Bring your headlamp.

November 16

15th Durham Academy 5K, Durham, 10am, [runsignup.com](#).
Race for Ace 6.5K trail, Fuquay-Varina, 10 a.m., [runreg.com](#). *Live & Virtual.*
Red Apple Run for Diabetes 5K/10K, Fayetteville, 8 a.m., [runsignup.com](#).

November 17

3rd SHAC 5K, Campus Y, UNC, Chapel Hill, 7:30 a.m., [event.racereach.com/shac-5K](#).
Triangle Run Smart Fall 2024 Kids Run 5K, Mills Park, Cary, 2 p.m., [runsignup.com](#).

November 23

Apex Turkey Trot 5K, rec/comp divisions, Community Park, Apex, 10 a.m., [activecommunities.com](#).
16th Gobble Waddle 5K/

10K, Smithfield, 9 a.m., [runsignup.com](#).

November 28

2nd Birds of a Feather Trail 5K, Briar Chapel, Chapel Hill, 8:30 a.m., [runsignup.com](#).

Gallop & Gorge 8K, last race of Tour de Carrboro, Weaver St., downtown Carrboro, 8 a.m., [runsignup.com](#).

Hillsborough Turkey Trot 5K on greenway, downtown Hillsborough, 7 a.m. (free).

Trosa Turkey Trot 5K, Durham, 8 a.m., [runsignup.com](#).
Thanksgiving Day 5K/8K, Renaissance Center, Durham, 8 a.m., [ncraces.com](#).

Turkey Trot 5K, downtown Burlington, 6:50 a.m., [itsyourrace.com](#).

Gobbler's Run 5K, Wake Forest, 8 a.m., [itsyourrace.com](#).
Ridgewood Turkey Trot 8K, Raleigh, 8 a.m., [runsignup.com](#).

Trophy Trot 10K, Dix Park, Raleigh, 9 a.m., [event.racereach.com](#).

Leesville Community 5K, Heritage Swim & Racquet Club, Raleigh, 8:30 a.m., [murphy-scholars.org/turkey-trot-info.html](#)

IOS Turkey Trot 8K, Cary, 9 a.m., [event.racereach.com](#).
For races in Asheville, Charlotte, Greensboro (2), Winston-Salem, Wilmington, etc., check [runningusa/nc.com](#).

November 2

45th Shut-In Ridge Trail Run, 21.8m, NC Arboretum, Asheville, 9:30 a.m., [ultrasignup.com](#).

Cozy Toes HM/11K/5.5K, NC Highway Patrol Driving Track, Raleigh, 9 a.m., [runsignup.com](#). *Live & Virtual*

28th Fort Liberty Ten Miler, Hedrick Stadium, 8 a.m., [zippy-reg.com/online.reg/cane-creek-5hr-adventure-race-waxhaw-8-a.m.-runsignup.com](#).

28th Fort Liberty Ten Miler, Hedrick Stadium, 8 a.m., [zippy-reg.com/online.reg/cane-creek-5hr-adventure-race-waxhaw-8-a.m.-runsignup.com](#).

City of Oaks M/HM/10K/5K, 400 Glenwood Ave., Raleigh, 7 a.m., [cityoaksmarathon.com/register/](#)

Goose Creek Trail Run 50K/HM/10K, Washington, 9:30 a.m., [runsignup.com](#).

Trail To Tryon HM/10K/5K, New Bern, 7 a.m., [runsignup.com](#). *Live & Virtual.*

OBX HM, Nags Head, TBA [itsyourrace.com](#).

OBX HM, Nags Head, TBA [itsyourrace.com](#).

OBX HM, Nags Head, TBA [itsyourrace.com](#).

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OBX HM, Nags Head, TBA [itsyourrace.com](#).

OBX HM, Nags Head, TBA [itsyourrace.com](#).

November 16

Charlotte M/HM/5K, Charlotte, 7:20 a.m., [runsignup.com](#).

November 17

Battleship HM/10K/5K, Wilmington, 7 a.m., [runsignup.com](#).

November 23

15th Chestnut Ridge Trail 8ish and 4ishm, Efland, 10 a.m., [runsignup.com](#). *Live & Virtual.*

Greensboro HM/5K, Gboro, 8:30 a.m., [runsignup.com](#).

Holly Springs HM/10K/5K, 7:20 a.m., [runsignup.com](#).

November 28

Skinny Turkey HM/10K/5K, Raleigh, 8:30 a.m., [fseries.com](#)

November 29

Black Friday Relay, 20K/15K/10K, Winston-Salem, 9 a.m., [runsignup.com](#).

November 30

The Derby 50K, Ellerbe, 8 a.m. [ultrasignup.com](#) by 11/27
Turkey Chase HM/10K/5K, trail, Umstead Park, Raleigh, 8:30 a.m., [runsignup.com](#). *Live & Virtual.*

NC Multisports

October 19

Alamance Parks Triathlon, paddle 2m, bike 6.58m, run 3.1m trail, Glenco, 9 a.m., [alamance.recdesk.com](#) by 10/16.

NC Bike Rides

Oct. 19, Roadies & Dirties Cycle Fest, 10/27/39m, Lexington, 9 a.m., [bikereg.com](#).
19, Full Moon Fever Rides on ATT, Mellow Mushroom, Durham, 30m, 7:30 p.m., Bean Traders, NC54W, 15m, 8:30 p.m. No signup needed. Check Durham P&R Facebook for weather updates. Also 11/16.

Community News

Tarheel Antique Festival returns to Lloyd's Dairy, Efland, Oct. 19-20, 9-5. Admission is \$5/person.
Pumpkin Flotilla Oct. 25 4-7 p.m. at Bond Park, Cary. Check out the floating pumpkins on the lake. Bring your carved pumpkin 4-6 and watch it travel across the lake at twilight. They'll be there the next night too, but stationary.
The 3rd Makers at the Mill Holiday Bazaar will be held Saturday, Nov. 16, 10-5 at Eno Arts Mill, Hillsborough.

Upcoming CSN Issues:

Digital Only

Nov. 13, ACC Hoops Preview

Dec. 11, SE Skiing

Email joelcsn1@gmail.com

Deadline 7 days in advance

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VOTE for SUPREME COURT JUSTICE **ALLISON RIGGS**

VOTE: **ED ELDRED, CAROLYN THOMPSON & MARTIN MOORE**
FOR NC COURT OF APPEALS

Election day is Nov. 5; early voting ends Sat. Nov. 2

Paid for by Loren Hintz

October Standings

Triangle Dart League

Darty Old Men 6-2 102-58 0.638, That's Bull 6-2 86-74 0.538, We Need 'em All 4-3 72-68 0.514, Subway 3.5-4.5 73-87 0.456, MRDMCR 3-4 71-69 0.507, Can't See Puck 2.5-5.5 65-95 0.406, One For Fun 2-6 71-89 0.444.

Ocasl@tasl Fall

Over 30—Tugboat Depot 3-1-0 10, Mountain Goat FC 2-1-0 7, The Federal 2-1-1 7, Durham FC 1-1-2 4, Chapel Hill United 1-0-2 3, Still Limpin 0-4 0.

Over 40—Stroke City 5-0 15, Barcelona 3-0-1 9, Auston Villa 3-0-1 9, Boot Room FC 2-0-2 6, Oldcastle United 2-0-2 6, Federal 4.0 2-0-3 6, Wrexhamstring 0-4 0, Boca Seniors 0-4 0.

Kaminsky Studdard Rec 1/2

—Pickup FC 4-0 12, Woodcroft SC 4-0-1 12, The Streets 3-0 9, Chapel Hill FC 3-0-2 9, porting Rose 3-0-2 9, Chat-ham FC 2-1-2 7, TarDevils SC 1-1-1 4, Unicorns 1-1-2 4, Baby Ballers 1-0-2 3, Athletic Tri 1-0-3 3, Head Game Strong 0-1-4 1, Cedar Falls FC 0-0-4 0.

STANDINGS, Continued on page 7

Cedar Falls Tennis Project Funded

HM Kern Corp. of Greensboro was awarded a contract to rebuild six tennis courts at Cedar Falls Park, Chapel Hill. The winning bid was \$1,342,800 (CSN, Sep 2024). The item was on the Town Council consent agenda and was approved without discussion. Construction begins in October and is expected to take nine months.

The long-awaited project has been pending for years due to rising costs and limited funding. The town cobbled together the funding package from 2003 bonds, 2015 rec bonds, two-thirds bonds June 2021 and Penny for Parks (\$600,000, 2023).

It's the latest tennis improvement project of the year. The first was resurfacing Hargraves tennis courts which was completed in the spring along drainage repairs at the Ephesus courts.

Third Time The Charm For Skatepark?

Chapel Hill officials are hoping the third time's the charm for Homestead skatepark renovation bids. They didn't get enough bids in the spring and rebid it in September, but they received only one bid and it wasn't bonded so it couldn't be accepted. They're trying again with bids due Oct. 14.

5th Pocket Skate Parks of Pa. did the design (CSN, Sep 2024) for the updated facility and follows the original footprint. They also developed the new skate facility in Hillsborough.

The town's rec advisory board got a full briefing on Chapel Hill skatepark plans at the September meeting.

Meanwhile, the Hillsborough Skate Spot officially opened with a ceremony last month, featuring demonstrations from local skaters, remarks by city and elected officials, coffee, doughnuts and opportunities for skating.

The Skate Spot is in Cates Creek Park on Cates Creek Parkway south of Hillsborough, about ten miles from downtown Chapel Hill. It's open daily until 30 minutes after sunset. Free.

Durham Hoops League Signup

Oct. 20 is the deadline for signing up teams for the Durham men's basketball league.

Cost is \$475/team plus \$12 for each non-city player. Games are Mon/Wed nights starting in November at Edison Johnson Recreation Center on W. Murray Ave. They use NC high school rules. Questions or free agent players? Contact Jennifer Bearman 919-560-4355 ext. 27229.

Hoekstra Wins WCOM Classic

In competitive singles (Furious George division), Carrboro's Bynum Hoekstra defended his title, shaving 5 shots off his winning score last year, posting a course record 45 (-10) at the fourth WCOM Classic disc golf tournament in Mebane. About 65 players participated and raised \$1,800 for the station.

Grateful Dave (casual singles) winner was Joe Clancy who crushed the field, turning in a 50 (-5), 5 shots ahead of second place, and 7 better than last year's winner. It may be time for Clancy to move up.

2022 Creative Colorful (team scramble) winner The Flamingos took last year off, regrouped and returned with a crazy low 40. They overcame an early start time (teeing off at 10am, due to the noon round being full), and waited for hours to see their 40 get topped. It never happened. Local team The Whiskey Smugglers leveled them up with a

40, and a one hour overtime playoff ensued, with The Flamingos coming out on top.

Tourney leaderboard:

Furious George division, Bynum Hoekstra 45, Wes Hunt 46, Chris Courtright 49.

Grateful Dave division, Joe Clancy 50, Willy Powell 55, Andrew Radford 56.

Creative Colorful Division, The Flamingos 40, won tiebreaker, The Whiskey Smugglers 40, Player B...C...C 42 (4 teams tied).

Chris Amsbury

Baseball Briefs

RDU Bulldogs stopped Trash Pandas 9-7 for the 18+ title in Central Men's Senior Baseball American League. Mets beat the Giants to win 50+ playoffs, while the Raleigh Red Sox beat Athletics 8-5 for the championship in 32+.

The Cosmic Baseball Tri-City Chili Peppers will kick off their 2025 tour at DBAP next spring. Register now for the ticket lottery. TCCP is a college team from Colonial Heights, Va., that combines baseball, music, special effects for ballpark entertainment. After playing in Fenway Park and five other MLB parks this season, Savannah Bananas plan to take their show to NFL and college stadiums in 2025 including Bank of America Stadium in Charlotte and Clemson Memorial Stadium in South Carolina.

Duke Homestead saluted Vintage Base Ball with games using old rules and equipment at Durham Athletic Park. They used a rubber ball, pitched underhand, called a popup caught on the first bounce an out. Durham Station Lucky Strikes ripped Early Riser Base Ball Club of Detroit 18-2 in game 2 of a busy afternoon. Good concessions but no napkins or recycling. J.B.

Eno Ruggers Split First Two

Eno River women's rugby opened the fall season with a 29-21 win over Gaston County Hill Hounds on the road.

Madeline and Vic each scored two tries and Cosmo one. Vic added 2 conversions for Eno. Players of the match were Shameeka, forwards, Medeline, backs, and Vic was Eno Player of the Match.

In match 2, the score was Southern Pines 52, Eno 0 on the road. TK was Back BOP, Kristen Forward BOP, Jasmine Eno player of the match.

Eno hosts Cape Fear Oct. 26 and Charlotte Nov. 9 at Bethesda Middle School, Durham, 1 p.m.

Community News

Pittsboro Street Fair takes place Saturday, Oct. 26, 10-4, rain or shine downtown. Featured are crafts, food, performances (one stage), kids area.

Journey to Space, a special exhibit at NC Museum of Science in downtown Raleigh, runs Nov. 2-April 27. Hours are Tuesday-Sunday. Tickets are required. They are \$16 for adults, \$14 for seniors, military, students, \$12 for children 12&U. Shows in English and Spanish, developed by Science Museum of Minn. and California Science Center.

Durham Central Park Food Truck Rodeo will be held Sunday, Nov. 3, 12-4. Next Foodie Fare and art market with food trucks at DCP is Oct. 18, 5:30 to 9:30.

White Cross Auto Sales Chapel Hill

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Whitecrossautosales.com

WNC State Parks Remain Closed Due to Helene

All North Carolina state parks west of I-77 will remain closed through at least Oct. 31, the Division of Parks and Recreation said. These parks include Chimney Rock, Crowders Mountain, Elk Knob, Gorges, Grandfather Mountain, Lake James, Lake Norman, Mount Mitchell, New River, South Mountains and Stone Mountains SPs as well as Mount Jefferson SNA and Rendezvous Mountain.

TR Rugby Wins 3 Straight

Tobacco Road men's rugby dispatched Fayetteville Dragons 32-20 for the third straight home win.

Try scorers were John Ahenda, Jonah Paasche-Orlow and Max Fausnaugh (2). Jack Sears converted 3 of 4 tries and made two penalty goals. Back of the Match was Christian Berry, Forward of the Match Thomas "Grizz" Reynolds.

Road matches at Southern Pines, Fayetteville and Cape Fear are ahead.

Five players scored a try as TR downed Onslow 32-22 in Durham.

Scorers were Bill Kinney, Fausnaugh, Wallace Wambwa, Ralo Howard and Evan Barbaryka, who scored in his matrix debut. Jack Carpenter had a conversion and Kyle Kent a conversion and penalty goal.

Matt Markovetz was forward of the match, and Lance Gloss back of the match.

Earlier, TR stopped Clayton 52-15 in Durham for the first win of the season. "We had a good run against Clayton," a coach told CSN. Forward of the match was Elijah McLaughlin for his two tries in debut for TR, and back of the match was Berry, who also had a brace.

Rugby Golf Fundraiser

The club holds its sixth annual Rugby Golf charity fundraiser Saturday, Nov. 2, at Knights Play Golf, Apex, to raise funds for youth sports at Holt Athletic Association in North Durham where they play their home matches. Cost is \$40/player. Register online at tobaccoroadrugby.com.

Pickleball Tournaments

Oct. 25-27, Pickle for Pink, Duke Faculty Club, Durham, benefit for Duke Cancer Institute. Deadline 10/23.

Oct. 26, 3rd Pickle4Paws, Ephesus Park, Chapel Hill, benefit for paws4ever. Rain date 10/27. Deadline 10/20.

Nov. 1-3, Monster Mash: A Pickleball Smash, Piney Wood Park, Durham. Deadline 10/25.

Details, registration at pickleballden.com.

4 Winter Games Sports Coming

N.C. Amateur Sports will offer four Body-armor State Games Winter Sports—pickleball at Pinpoint, a new 16-court indoor facility in downtown Raleigh, March 14-16; esports, Hilton Raleigh North Hills, Feb. 22-23; youth ice hockey at Morrisville, Raleigh rinks March 14-16; figure skating March 21-23 at Greensboro Iceplex.

Registration details for pickleball and hockey to come.

In addition, all events and programs at all state parks were canceled through Oct. 31, with a few exceptions for ENC events.

The division is assisting with the statewide emergency and rescue efforts in WNC in the aftermath of Hurricane Helene. About 30 staff were sent on law enforcement assignments requested through the N.C. Emergency Operations Center. Scaling back operations across the state allows staff to continue to assist with deployments. In addition, the closure of western parks can help limit travel in the area while roads and other infrastructure are closed for repairs. The Blue Ridge Parkway in N.C. and Va. also is closed while roads are cleared and repairs made.

Jordan Minor Flooding

Jordan Lake received about 4 inches of rain from Helene over four days, raising the lake level more than 8 feet and causing minor flooding. WRC fishing areas at Beaver Creek and Bell's Church fishing pier (CSN, Sep 2024) and some campsites were closed by high water, along with the Red Mill boat ramp on the Eno near Falls Lake, Durham.

UNC Stuffs Duke 17-5 In Hockey

The UNC hockey club swamped Duke in a charity exhibition in Hillsborough, improving their record to 7-3-1-0. They've won five straight home games. The Heels have about a dozen games left before the exam/holiday break.

Leading scorers for UNC for the season are Will Smith, Patrick O'Shughnessy, Daniel Kauber, Zachary Mangel.

Coming up: a road game at N.C. State, the first meeting of the season with the rival, home games with Bowling Green, Louisville, New Hampshire precede the ACC Fall Tournament Nov. 1-3 in Maryland with games against Maryland, Penn State, Rider. The schedule is more difficult with more travel than previous years as UNC moves to D-1 next season.

Earlier, they lost twice to defending collegiate AAU champion South Carolina and D-1 Liberty before splitting two at UNC Wilmington and downing Delaware, Rowan, Alabama and Rider 6-5 in OT (Tommy Gilligan game-winner goal) at home.

In the Duke game, Gilligan scored three times, Michael Vaglia, Adam Zakowsku, Nic Gingras two each to lead the Heels. About \$1,500 was raised for Pink the Rink.

U.S. National Soccer

Men

Oct. 15, at Mexico, Jalisco, Mex, 10:30 p.m., TNT.

Women

Oct. 24, Iceland, Austin, 7:30 p.m., TBS, Universo.

Oct. 27, Iceland, Nashville, 5:30 p.m., TNT, Universo.

Oct. 30, Argentina, Louisville. 7 p.m., TNT, Universo.

Nov. 30, at England, London, 12:30 p.m., TNT, Universo.

Coming Up in CSN:



November 13

ACC Hoops Preview

December 11

SE Ski Mini-Guide

To advertise, contact joelcsn1@gmail.com
Deadline 7 days in advance

Marrone Receives Montross Award

The Eric Montross Courage Award was presented to Angelo Marrone of Italian Pizzeria III, Chapel Hill, during the third annual Dribbling for Victory Over Cancer at UNC, supported by UNC men's/women's basketball, and raised more than \$100,000.

The Marrone family are fixtures on the Chapel Hill scene and regularly part of any athletic department community efforts.

Transfer Portal Dates Changed

The NCAA D-1 Council shortened player transfer window dates for 2024-25.

M/W basketball, 45 to 30 days, March 24-April 22, men; March 25-April 23, women.

Football, Dec. 9-28 and April 16-23 as scholarships expand from 85 to 105 under the NCAA settlement.

Basketball Notes

Men's NCAA basketball Tournament first and second round games will be played in Raleigh in March 2025, Greenville, S.C., March 2026, Charlotte (Spectrum Center) March 2027, with the East Regional (Sweet 16) at Lenovo Center, Raleigh, March 2028. Tickets are on sale now for March 21/23 games next year in Raleigh. There are two sessions Friday, one Sunday.

Three former UNC players are on new NBA teams: Harrison Barnes was traded to San Antonio, Nassir Little is in Miami and Leaky Black Washington.

Former UNC players Cormac Ryan signed with Oklahoma City, Armando Bacot, Memphis, Harrison Ingram, San Antonio.

Three former UNC players, Tony Bradley, Theo Pinson, Justin Jackson, are on the Texas Legends of the NBA G League.

The UNC Blue/White scrimmage was moved from Cherokee to the Smith Center due to conditions in WNC after Hurricane Helene. Coach Hubert Davis said the team will return to Cherokee when conditions are better. Proceeds from ticket sales (\$10/person, general admission) were donated to Hurricane relief efforts in WNC. Students were admitted for free with UNC basketball covering the cost and donating it to recovery efforts.

Charlotte Hornets, with three Duke alums on the roster, held a four-day training camp at Duke's K Center in Durham. It was their first non-Charlotte camp since they trained in Chapel Hill in 2019.

UNC Women Hoops Early Season

Home games only for UNC women basketball through December:

Nov. 4, Charleston Southern, 11 a.m. ACCNX; 7, UNCW, 7 p.m., ACCNX; 29, N.C. Central, TBA, ACCNX.

Dec. 5, Kentucky, ACC/SEC Challenge, 5 p.m., ESPN2; 8, Coppin State, 2 p.m., ACCNX; 11, UNCG, 7 p.m., ACCNX; 15, Georgia Tech, 2 p.m., ACCN; 21, Norfolk State, 12 noon, ACCNX.

North Carolina plays UConn Nov. 15 in Greensboro (ESPN).

NCCU Basketball

Here are home-only games for NCCU men's basketball for the new season:

Nov. 8, Gardner-Webb, 1 p.m.; 25, Carolina University of Winston-Salem, TBA; 30, Virginia Lynchburg, TBA.

Dec. 5, Radford, TBA; 17, Mid-Atlantic Christian, TBA; 20, Longwood, TBA; 31, St. Andrews, TBA.

Jan. 11, Maryland Eastern Shore, 4 p.m.; 13, Delaware State, 7:30 p.m.; 25, South Carolina State, 4 p.m.

Feb. 15, Coppin State, 4 p.m.; 17, Morgan State, 7:30 p.m.

March 1, Howard, 4 p.m.; 3, Norfolk State, 7:30 p.m.

PRESEASON, Continued from page 1

also averaged double figures in scoring as well, so they'll be right in the thick of things come March.

7. Baylor

The Bears lost a lot of talent in the offseason but reloaded pretty well—especially in the backcourt where talented freshman V.J. Edgcombe and Duke transfer Jeremy Roach will join returnees Jayden Nunn and Langston Love. Miami transfer Norchad Omier will anchor the baseline, but without much frontcourt depth, the Bears may have to play small ball for most of the season.

8. Arizona

The fans in Tucson were ecstatic when leading scorer (and former UNC guard) Caleb Love announced he would return for another season. Jaden Bradley and KJ Lewis join Love in the backcourt, while Oakland transfer Trey Townsend and star freshman Carter Bryant will boost a depleted front line.

9. Duke

Duke coach Jon Scheyer is no stranger to reloading, and he's done it again with a top recruiting class led by #1 recruit, Cooper Flagg. A returning frontcourt of Tyrese Proctor and Caleb Foster will join Flagg in leading an extensive roster of talented freshmen and experienced transfers into another season where they are again the favorites to win the ACC.

10. Auburn

Bruce Pearl has a good amount of firepower returning with Denver Jones, Chad Baker-Mazara, Chris Moore and Johni Broome back in the lineup. The only question is if he can find the answer at point guard between crafty frosh Tahaad Pettiford, Furman transfer J.P. Pegues, or Georgia Tech transfer Miles Kelly.

11. Texas A&M

The Aggies finished last season strong behind star guard Wade Taylor IV (19.1 ppg). This season, Taylor returns along with guards Manny Obaseki and Jace Carter and forward Henry Coleman III to make another deep run into March. Look for transfers Zhuric Phelps (SMU), C.J. Wilcher (St. John's) and Pharrel Payne (Minnesota) to round out the rotation.

12. UNC

Tar Heel coach Hubert Davis was able to retain another All-American—this time, leading scorer R.J. Davis (21.2 ppg). Around Davis, Elliot Cadeau returns at the point, while freshmen wings Drake Powell and Ian Jackson add more scoring punch. The only question is whether the Heels can find a low-post presence between Jalen Washington and Notre Dame transfer Ven-Allen Lubin.

13. Tennessee

The Vols will certainly miss high-scoring Dalton Knecht, but they return a solid nucleus of Zakai Zeigler, Jordan Gainey, Jahmai Mashack, Cade Phillips, and J.P. Estrella. If transfers Chaz Lanier (North Florida), Darlinstone Dubar (Hofstra), and Felix Okpara (Ohio State) can mix seamlessly, it should be another good year for Rick Barnes' program.

14. Purdue

Now that the Boilermakers no longer have the services of Zach Edey, they will rely heavily on experienced perimeter playmakers Braden Smith and Fletcher Loyer. The frontcourt should still be reliable with Trey Kaufman-Renn and Caleb Furst, but watch out for 7-footer Daniel Jacobsen, who is thin but skilled around the basket.

15. Indiana

Mike Woodson proved he knows how to work the portal as well as anyone by reeling in a pair of veteran guards in Myles Rice (Washington State) and Kanaan Carlyle (Stanford) and a brick wall center in Oumar Ballo (Arizona) that can plug into any offensive set. They'll join returnees Trey Gallo-way, Mackenzie Mgbako and Malik Reneau to give the Hoosiers their most talented roster in years.

16. Arkansas

John Calipari's move to Fayetteville garnered a lot of attention, along with high-profile recruits. Billy Richmond, Boogie Fland and Karter Knox all followed Calipari from Kentucky, as well as lead guard D.J. Wagner and forward Adou Thiero. With a few other transfers like high-scoring Johnell Davis (Florida Atlantic) and Jonas Aidoo (Tennessee), the offense should be fine, but the defense could take a while.

17. Marquette

With All-American guard Tyler Kolek off to the NBA, the Golden Eagles will look to leading scorer Kam Jones (17.2 ppg) to lead the team back to the NCAA Tournament. Returnees Stevie Mitchell, Chase Ross, and David Joplin will provide plenty of experience, and once point guard Sean Jones recovers from injury, this team should be in good shape to make a deep run.

18. Creighton

The Bluejays lost a good chunk of their offensive production in the offseason, but they return one of the country's most dominant big men in Ryan Kalkbrenner, plus veterans Steven Ashworth and Mason Miller. Wing transfers Pop Isaacs (Texas Tech) and Jamiya Neal (Arizona State) should provide enough scoring prowess to make up the difference.

19. Texas

The Longhorns also had their fair share of roster turnover, but they will welcome high-flying freshman Tre Johnson along with some high-profile transfers in Arthur Kaluma (Kansas State), Tramon Mark (Arkansas), and Jordan Pope (Oregon State) to remain a threat in the expanded SEC. Center Kadin Shedrick will look to make a bigger impact now that he's fully recovered from injury.

20. Ole Miss

Chris Beard is still putting his stamp on the Rebels' program, and this season, has a solid foundation with leading scorers Matthew Murrell and Jaemyn Brakefield returning. He also pulled some quality transfers from the portal in Sean Pedulla (Virginia Tech), Dre Davis (Seton Hall), Malik Dia (Belmont), and Mikeal Brown-Jones (UNC Greensboro) to get the Rebels back in the hunt.

21. Florida

Another contender from the loaded SEC, the Gators feature one of the country's most dynamic lead guards in Walter Clayton Jr. (17.6 ppg) along with several key returnees including skilled forwards Will Richard and Alex Condon. Head coach Todd Golden is also hoping Florida Atlantic transfer Alijah Martin will provide some extra scoring punch.

22. Rutgers

When you bring in two of the nation's top freshmen not named Cooper Flagg, you're bound to make some headlines. That's exactly what Steve Pikiell when he recruited smooth forward AceBailey and do-everything guard Dylan Harper to the Knights' lineup. The rest of the team may need some time to gel, but this will certainly be a program to watch this season.

23. UCLA

Mick Cronin is doing his best to move past the disappointing finish to last season, and what better way to do it than stealing forward Kobe Johnson and star recruit Trent Perry from cross-town rival USC. He also has plenty of experience returning with Dylan Andrews, Sebastian Mack, Lazar Stefanovic and Eric Dailey, plus Oregon State transfer Tyler Bilodeau, so things should turn around quickly for the Bruins.

24. Kentucky

New coach Mark Pope had to start from scratch after John Calipari's hasty exit, but he did well to bring in one of the top transfer classes led by Kerr Kriisa (West Virginia), Otega Oweh (Oklahoma), Amari Williams (Drexel) and Andrew Carr (Wake Forest). He also

brought over scoring guard Jaxson Robinson from BYU who should already be very familiar with Pope's offensive schemes.

25. Ohio State

The Buckeyes came on strong after Jake Diebler replaced Chris Holtmann as coach mid-season, and they will look to continue that trend with Bruce Thornton and Devin Royal returning plus the additions of transfers Meechie Johnson (South Carolina), Aaron Bradshaw (Kentucky), Micah Parrish (San Diego State), and Sean Stewart (Duke).

Best of the rest:

- 26. Cincinnati
- 27. Xavier
- 28. Oregon
- 29. Providence
- 30. Wake Forest



N.C. Music Festivals

October

16-20, Bluegrass Island Festival Roanoke Island, Festival Park, Manteo.

17-20 LEAF Global Arts Festival, Black Mountain.

26, 3rd Sleepy Fest, Haw River Ballroom, Saxapahaw.

November

7-9, Mantrabash, Prospect Hill.

12-17, Bull City Summit, music, arts, science, technology festival and conference, downtown Durham.

Durham Voters Consider Rec Bonds

On Election Day, Durham city voters will act on two bond measures totaling \$200M for streets and sidewalks and parks. The recreation package is \$85M—and focuses on East Durham—\$42M for upgrades to Long Meadow and East End Park and \$43M for a new aquatic center (water park) beside the Wheels Roller Skating Rink in Merrick Moore Park.

Streets and sidewalk bonds account for \$115M. They are voted on separately.

In Wake County, voters will consider \$142M in bonds for public libraries.

Early Voting In Orange County

Early voting for the Nov. 5 Presidential election starts Thursday, Oct. 17, at five locations in Orange County through Nov. 2.

They are Orange Works at Hillsborough Commons, Carrboro Town Hall Extension at 108 Bim St., Chapel Hill Library, Chapel of the Cross, Seymour Senior Center, Efland-Cheeks Community Center. The new Southern Branch Library in Carrboro was ruled out because construction is behind schedule.

Hours are Oct. 17-18, 8 to 7:30; Oct. 19, 8 to 3; Oct. 20 (Sun) 12 to 5; Oct. 21-25, 8 to 7:30; Oct. 26, 8-3; Oct. 27 (Sun), 12-5; Oct. 28-Nov. 1, 8 to 7:30; Nov. 2 (Sat), 8-3.

ACC Hoops

November 13

To advertise, call 919-968-8741
or email joelcsn1@gmail.com



Renovations At Pump Track In Carrboro

Renovations are planned for the Carrboro pump track, the cycling feature at Martin Luther King Jr. Park on Hillsborough Road. Initial work was to begin Sep. 30, with improvements underway through January 2025. The track will be partially closed initially and then completely closed during later stages. Budget for the project is \$106,000.

Carrboro's Recreation, Parks & Cultural Resources Dept. is contracting with Nature Trails, a trail design and construction firm in Chapel Hill, for the renovation work. Improvements will result in a slightly different track layout and better drainage. Improvements will feature a rain garden with about 80 native pollinator plants in the drain areas.

A pump track is a purpose-built track for cycling. It has a circuit of rollers, banked turns and features designed to be ridden completely by riders "pumping"—generating momentum by up and down body movements, instead of pedaling or pushing.

New Skills Area At Little River

From Mark Brothers of Triangle Off-Road Cyclists (TORC), "The big news we hope to report soon is the opening of the completely new and improved Skills Area at Little River Regional Park in Rougemont. Work has been completed but we are waiting on a few final details from the Park and Counties (Orange and Durham) before we can have a ribbon cutting. This skills area has progressive jump lines, from relatively easy, up to advanced, to help someone get better at jumping."

The project was funded in part by donations from the Trailheads of Carrboro from their annual January trail races at Little River Park.

Brothers also said, "County Farm Park (trail) work in Person County near the Durham border is on hold while the county works on infrastructure like roads, a bridge and parking. This will allow easier access to trails, with less hiking in. We are following the progress and hope to get back to work soon." The park will have multiple trails, bike features and other amenities.

ATT Honored Among Best Trails

A popular Triangle bike trail is among the best in the South, according to Southern Living magazine. The American Tobacco Trail (ATT) was among the 8 best trails in the South.

The ATT has 22+ miles of rails-to-trails in the Research Triangle, running in Durham, Chatham, Wake counties from downtown Durham to Apex and Cary. The 10-foot wide trail starts near DPAP downtown, crosses I-40, a section of Jordan Lake SRA, state game lands and draws runners, bikers, hikers, roller bladers, dog walkers and equestrians. The trail is primarily paved with several gravel sections.

Running/biking with a buddy is recommended. Bring your cellphone.

Locals Score At CX Series

Local riders won four races and posted three seconds at N.C. Cyclocross Series race one in Gibsonville.

Here are the top Chapel Hill area finishers: Richard Brandon, Hillsborough, second M Masters 40+ (8 finishers).

Charles Ball, Hillsborough, first M Masters 50+ (11).

Luca Sherman, Chapel Hill, third M Jrs 11-12 (6).

David Sherman, Chapel Hill, second M Jrs 9-10 (2).

Eleanor Brandon, Hillsborough, first W Jrs 9-10 (2).

David Boynton, Pittsboro, third M Masters 50+ (11).

Chuck Gillis, Pittsboro, third M Masters 70+ (6).

Jesse West, Chapel Hill, first M cat 4 (12).

Alison Weidner, third W Masters 40+ (4).

Ann Neal, Carrboro, second W cat 3/4 (6).

The largest race of the day was M Masters 40+ with 26 riders. First two finishers were riders from Asheville.

Coastal Ride Relocates

Cycle North Carolina's Coastal Spring Ride relocates next spring to Elizabeth City after 18 years in Washington.

The CNC ride will take place April 25-27 with 5-100m scenic loop rides daily starting at Festival Park. Cost is \$250/adult cyclist as registration starts and increases closer to ride date. Check ncsports.org website for information and registration.

Cycling Tidbits

CARRBORO is applying with the League of American Bicyclists' Bicycle Friendly Community (BFC) Program to be designated the first gold-level community in North Carolina, and they need help.

Take the League's online community survey and share how you bike, how safe you feel biking. Responses are confidential and will help guide the town's biking program and infrastructure going forward. The online survey (<https://www.surveymonkey.com>) is open through 10/15.

CYCLE NC's 20th Mountains to the Coast Ride was scheduled to stop Oct. 9 in Pittsboro at Chatham Agricultural and Conference Center en route to Ocean Isle Beach. The ride's starting point was shifted to Lenoir due to Hurricane Helene. The ride had anticipated 900 riders before the storm. The ride has visited Pittsboro and Chapel Hill in previous years.

CLEAN Machine bike shop in Carrboro, one of the area's oldest, closed last spring after merging with the Bicycle Chain and is operating on West Franklin Street in Chapel Hill. The Carrboro store is being used for bike storage.

Community News

Duke Homestead's Halloween Phantasmagoria takes place Friday, Oct. 25, 6:30 to 9 p.m. Tickets required, \$5 in advance at eventbrite.com, \$10 at door.

Calling all dog fans, Barktoberfest will be held Saturday, Oct. 26, 3:30 to 6:30 rain or shine at Durham Central Park with a costume contest, canine food drive, 20+ pet vendors, pet adoptions info, photo booth, beer and food sales.

Festifall arts markets are Oct. 26, celebrating N.C. and Tar Heel Nation, and Nov. 2, Dia de los Muertos saluting the Latina community. Hours are 12-5 at 140 West Franklin, downtown Chapel Hill. Park below the building.

Carolina Tiger Rescue marks 50 years in Pittsboro Sat., Nov. 2, 5-9 p.m. at Havoc Brewing with food trucks, music, games, dancing.

Where You Can Ride E-Bikes

Electric-assist bikes (e-bikes or e-mtbs) are gaining popularity in the Tar Heel state? Where can you ride them?

E-bikes are allowed in state forests where bikes are permitted, but not state game lands on natural surface trails.

According to N.C. State Parks, e-bikes are allowed anywhere bikes are allowed. Not all state parks have dedicated bike trails. Falls Lake does, Jordan Lake does not. Lake Norman SP, Statesville, and Lake James SP, Nebo, have some of the best. Umstead SP, Cary section, has plenty of gravel trails.

North Carolina Forest Service rules classify all e-bikes (including pedal-assist) as motorized vehicles and only allow them on forest roads that are open to the general public. They do not currently have any forest roads open to public vehicles.

There are other forest options for people who want to ride an e-bike. Pisgah National Forest has miles of gravel roads that are open to cars, motorcycles and e-bikes. Like DuPont State Recreational Forest, however, Pisgah National Forest does not allow e-bikes anywhere that a car is not allowed to go. Pedal-assist (class 1e-bikes) are allowed at Ride Kanuga in Hendersonville, and all e-bikes are allowed on Fire Mountain in Cherokee, and in Buffalo Creek Park in Lake Lure.

Riders must be 16+ in age and those under 18 must wear helmets.

Keep the speed under 20-25 mph and observe traditional bike etiquette rules when passing runners, pedestrians.

On private hunting lands, using an e-bike is an agreement between the rider and the landowner. The NC Wildlife Resources Commission classifies e-bikes as vehicles and only allows them on some game lands roads as vehicles.

In Durham, e-bikes and motorized scooters are not permitted on pedestrian sidewalks and greenways. Use bike lanes or ride to the right on the highway.

Chapel Hill says e-bikers can ride on Chapel Hill trails and greenways. Check out the bike trail maps at city rec centers.

Greg Kopsch at Carolina North Forest, Chapel Hill, said, "Until it becomes an issue, here's what I tell people when they ask about e-bikes:

Nothing with a throttle.

Nothing with a speedometer.

We may adopt a different attitude if e-bikes become an issue with other users or create adverse trail impacts."

All classes of e-bikes are prohibited in

Cycling Results

Matthew Edwards (Brevard College) of Chapel Hill finished third in Men A cross country at Collegiate MTB Challenge at Lees McCrae in 1:16:02 (63 finishers), Banner Elk. WT was 1:11:29. Reece Butler (King University) of Pittsboro was tenth in Men A downhill, 1:40:90 (61). WT was 1:34:68.

The 2024 Collegiate MTB Nationals Oct. 24-27 in Zirconia, NC, were postponed indefinitely by USA Cycling due to damage caused by Hurricane Helene.

The Carolina OEC + Dirt Fest MTB races Oct. 6 in Chapel Hill were canceled due to low registration. The spring edition of the race will be held April 13, 2025, at the UNC Outdoor Education Center.

2024 NC CX Series

Oct. 20, Race 3, TBA.

Oct. 26-27, Winston Salem both days.

Nov. 3, Hickory.

Nov. 9, Davidson.

10, Midland, near Charlotte.

17, Raleigh Dix Park, Regional CX

Championship.

23-24, Hendersonville, NC Grand Prix, both

days.

Dec. 8, Salisbury, Series Final, Double Points.

Register at bikereg.com.



Duke Forest, all sections. Mountain bikes are OK.

E-bikes are not allowed at Little River Regional Park, Rougemont, or on Triangle Land Conservancy trails at Brumley North Forest in Chapel Hill or Williamson Preserve in Raleigh.

"We are studying this policy as it relates to accessibility," TLC tells CSN.

No bikes of any kind are allowed at Eno River State Park. Only hikers, runners are welcome on trails.

In Raleigh, e-bikes with no more than 750 watts and pedal power are allowed at Wake County 286, the 150-acre property between the RDU Airport and Lake Crabtree CP leased by Wake Co. Parks from the Airport Authority for cycling.

Before heading out for a ride be sure to check TORC trail conditions and availability status at torc-nc.org/trail-status. J.B.



CX Central Kanata Cross

After three preliminary races at Dix Park, CX racing moved to Camp Kanata in Wake Forest in preparation for the N.C. Cyclocross season. Team Spoke Cycles and N.C. Adaptive Sports teamed up with Oak City Cycling's Project Race Team to put on the race.

Top local finishers:

W Masters 40+, Jennifer Hartingh, Hillsborough, second (3).

All cat 4/5, Oliver Jensen, Hillsborough, first (13).

All Juniors 9-10, David Sherman, Chapel Hill, first (2).

All Jrs 11-12, Luca Sherman, Chapel Hill, first (3).

All Jrs 13-14, Logan McDonald, Chapel Hill, second (6).

W Masters 50+, Alison Weidner, Chapel Hill, first (2).

Bull City CX

Top local finishers at CX Central Bull City CX at Rock Quarry Park, Durham:

Cat 1-3, Erik Kirk, Carrboro, second (3 finishers).

M Masters 40+, Richard Brandon, Hillsborough, third (11).

W Masters 40+, Jennifer Hartingh, Hillsborough, first (3).

M Cat 4-5, Oliver Jensen, Chapel Hill, first (16).

M Jrs 11-12, Jasper Brandon, Hillsborough (3).

M Jrs 13-14, Peter Hartingh, first, Logan McDonald, Chapel Hill, second (6).

2nd Sanford Trails Festival Oct. 26

The second Sanford Trail Festival will be held Saturday, Oct. 26, at San-Lee Park with group rides, enduro races, skills clinic, MTB raffle, food trucks and is organized by Back to Dirt Conservancy. Free. Date was moved back a week so as not to conflict with Rootrock MTB races at Briar Chapel Oct. 19.

Cook Second In Cary 5K

Melanie Cook (24:14) of Chapel Hill was second woman at Vets to Vets United 5K9 in Cary (81). Brian Lapham of Hillsborough was first 50-59, 26:50; Harper Ludwig, Chapel Hill, first 15-19, 27:48, Louis Sanoff, Carrboro, second, 15-19, 27:48. WT's were 1842 and 21:22.

Nat Greene's Revenge Tri

Two local triathletes earned awards at Nat Greene's Revenge Sprint Tri in Greensboro. Craig Reed of Chapel Hill was second 35-39, 1:18:51, and Derek Hales of Hillsborough first 50-54, 1:17:47. WT's for on-road triathlon were 1:07:23 and 1:22:32 (106).

Madeleine Sparrow (1:24:47) of Chapel Hill was second female in collegiate division (14).

Les Caudell of Mebane was third 50-54, 1:59:09, in duathlon (34).

Run For Resilience 5K

A. Patchcinski of Hillsborough was first 14&U, 33:37, Colleen Spiller, Pittsboro, first 60-69, 33:49, and David Castaneda, Chapel Hill, first 60-69, 34:35 at Run for Resilience Ostomy 5K in Durham (117 finishers). WT's were 17:02 and 21:56.

Historic Hillsborough 5K

Suhaib Mansour (17:11) of Durham and Katherine Jonas (18:54) took first at Historic Hillsborough 5K (352 finishers, up from 318 in 2023). Alex Dolwick (17:26) of Durham and Laura Lamberson (22:44) of Hillsborough were second and Costen Irons (17:34) of Chapel Hill and Willow Butler (23:46) of Charlotte third.

Masters leaders were Ruthie Williams, Charlotte, 26:29; Brandy Stewart, Durham, 26:42 and Leah Cook, Cedar Grove, 26:51. Derek Clewley, Raleigh, 20:00; Christopher McDougald, Durham, 21:19 and Michael Penny, Hillsborough, 21:45.

Hillsborough age group awards: 13-15, Archer Vota, Chapel Hill, first, 25:49, Abigail Bush, second, 26:02, Samantha Gover, third, 26:09; Zach Brach, Chapel Hill, first, 19:44, Jack Crandell, third, 20:33; 16-19, Evelyn Gover, first, 28:45, Erin Jordan Cornell, third, 30:59; 20-24, Queen Ma, Chapel Hill, second, 29:39, Jake Grdadoinik, Chapel Hill, first, 17:51, William Strong, third, 21:44; 25-29, Megan McIntyre, second, 26:06, Alexander Matthewson, first, 26:22, Colby Wright, third, 29:12; 30-34, Anne Marie Kumfer, Chapel Hill, first, 23:47, Kerwin Vargas, Chapel Hill, second, 22:19, Benjamin Namtall, Chapel Hill, third, 28:37; Karina Aguilar, Chapel Hill, second, 27:36, Christiana Jarrett, Mebane, third, 27:57, Mark Eades, Efland, first, 18:27, Eric Johnson, Chapel Hill, third, 27:24; 40-44, Shannon Bush, first, 27:01, Carleen McKenna, second, 27:25, Shira Katsir, third, 28:40.

Also, 45-49, Meaghan Darab, first, 30:32, Elisa Gover, second, 32:32, Katie Harper, third, 33:45, Andres Munar, first, 22:16, Christian Matthaues, Chapel Hill, second, 23:54, Thomas Auchter, third, 20:02; 50-54, Kristen Mogan, Mebane, first, 28:06, Shannon Nichols, second, 31:33, Caitlin Kelly, third, 32:54, Simon Ertz, Chapel Hill, first, 22:06, Daniel Nijhout-Rowe, third, 38:52; 55-59, Shannon Doolittle, Rougemont, second, 34:17, Susan Snider, third, 35:01, Jim Irish, third, 31:01; 60-64, Donna Waseleski, Chapel Hill, third, 34:49, Tim Albaugh, second, 27:41, Tim Smith, third, 31:14; 65-69, Kay Matlock, Carrboro, first, 44:08, Christine Derezinski, second, 51:59, Sue McFarland, third, 62:28, Richard Ashe, first, 34:03, Paul Thoms, second, 42:24, Randy Bernstein, third, 1:05:44; 70-74, Margaret Nichols, first, 34:56, Joan Boone, Efland, second, 43:50, Teepa Snow, Efland, third, 47:03, Robert Blouin, Chapel Hill, first, 25:36, William Stamer, third, 43:31; 80+, Darlene Wells, first, 59:09, Nancy Anderson, second, 1:00:08, Larry Bernstein, second, 1:05:43, Nels Anderson, third, 1:06:05.

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Running News

Declan Komelasky and Maggie Mittenberg were the leaders, according to unofficial results, at STM Knights 5K Fund Run at St. Thomas More Church in Chapel Hill (268 runners).

Katherine Nunez (20:48) of Chapel Hill was second 20-29 at Run for the The TaTas 5K in Wilmington (669). WT was 16:52.

Noah Piper (28:47) and Stephanie Nelson (28:47), both of Chapel Hill, were first 20-29 at 9th Shea's Chase 5K in Greensboro (296 finishers). WT's were 19:36 and 24:18.

Chris Derrango (21:16) and Jenna Abraham (25:43) were the winners at Winery Wander 5K in Durham (206 finishers). Hometowns N/A.

Peter Rubinas (27:22) of Pittsboro was the top local finisher (sixth, first 40-49) at Chatham Recovery Celebration 5K in Siler City (23). WT was 18:14.

Brandon Roggi (23:46) of Chapel Hill was first 30-39 at Color Run 5K in Durham (18 finishers). WT was 17:24, a new record.

Faith Keitany (23:11) of Mebane was third 29-34 and Chanty Johanson (42:00) of Pittsboro second 65+ at Run for Hope 5K in Burlington (39).

Thomas Soth (20:17) was third 50-59 and the top Chapel Hill finisher (18th) at 11th Canes 5K in Raleigh (1,567 finishers, up from 1,437 last year). WT was 14:37.

Bethany Lee (53:50) of Carrboro was the women's winner at OBX Sprint Aquathlon in Manteo (16). The event was supposed to be the OBX Tri but was changed due to no bike event because of the closure of Manns Harbor Bridge. They had swim and run segments only.

The Balloon Festival 5K in Burlington had 50 finishers. WT's were 21:02 and 23:07. Top Orange County runner was Levi Crawford (22:03) of Chapel Hill (fifth).

Cassie Mangini (1:26:10) of Chapel Hill was first 25-29 at Lake Davidson Sprint Tri in Davidson (166). WT was 1:09:42.

Jeff Caiola (7:10:48) of Chapel Hill was second at Sugg Farm Ultra 40 Miler in Holly Springs (43). WT was 6:07:43.

Alexander Vierling (2:38:52) of Chapel Hill was fifth at Black Copperhead Sting 40K (35) in Belmont. WT was 2:13:49.

Perry Hewitt (2:21:50) of Chapel Hill was second 55-59 at Marine Corps HM at Camp Lejeune (847 finishers). WT was 1:13:04.

Jeff Wagoner of Chapel Hill was second 41+, 23:27, at 5th Be The Light 5K in Apex (56). WT was 21:43.

Patrick O'Shea (18:19) of Chapel Hill was first male at the Love Durham 5K (143, down from 181 in 2023). Age group winners: Krystal Pister, Pittsboro, 50-59, 23:48; Timothy Hensley, Hillsborough, 40-49, 22:49.

Martha Hamblin, Mebane, was third 65-69, 40:21, at Moonlight Madness 5K, Winston-Salem (567). WT was 21:37.

Bryan Sontin (26:32) of Mebane was first 30-39 at Tenth Cupcake Run at Brier Creek 5K in Raleigh (332 finishers, up from 309 last year). WT was 16:14.

RACE NEWS

The 15th Ironman 70.3 North Carolina Oct. 19 in Wilmington is sold out.

The Third Franklin All Nighter Oct. 26-27 in Chapel Hill focuses on raising awareness for mental health. Course is 0.98/m downtown loop starting at University Baptist Church parking lot. Register at runsignup.com.

Holden Beach HM was virtual only this year.

Three Earn Tri Awards

Lindsay Harper, Pittsboro, was second 40-44, 1:26:16, in age groups (595 finishers) at Wrightsville Beach Sprint Triathlon. Also, Scottie Pate, Chapel Hill, third 45-49, 1:30:30, and Elizabeth Skiba, Chapel Hill, first 50-54, 1:19:30.

Clough Third In Stead 5K

Jeff Clough (18:38) of Chapel Hill was third male and first Duke faculty member at Stead Tread 5K in Durham. WT's were 16:47 and 19:13 (147 finishers, compared to 124 last year).

Julia Clough, Chapel Hill, first 12&U, 25:04; Cyrus Policelli, first 13-18, 19:24; Chris Frank, second 50-69, 22:36; Diane Davis, Mebane, third 50-69, 34:40.

Hensley Third in Durham 5K

Timothy Hensley (25:08) of Hillsborough was third male at the I Am Too Sexy 5K in Durham (60 finishers). WT's were 23:17 and 39:28. Mike Lopez Jr. of Carrboro was first 40-59, 43:24, and Paul Batey of Pittsboro, third, 45:34; Tim Maynar of Carrboro was first 50-59, 44:15.

Durham Runners Lead In Carrboro

Durham runners Matthew Jordan-Steele (33:35) and Rebecca McGavin (37:59) were the winners at the Carrboro 10K, second race in 20th Le Tour de Carrboro. There were 458 finishers, up from 311 last year.

Chris Verstandig (33:49) of Durham was second and Jack Muldoon (34:01) of Chapel Hill third. Rachel McCoy (40:52) of Raleigh was second woman and Mary Montgomery (42:04) of Chapel Hill third.

Masters leaders: Michael Bulleri, Chapel Hill, first, 37:48; Paul Jones, Durham, second, 38:14; Stan Guo, Cary, third, 38:24; Heather Lindenmann, Chapel Hill, first, 42:30; Emily Bermath, Carrboro, second, 42:56; Audrey Perlow, Chapel Hill, third, 46:07.

Clydesdale: Samuel Bulman, Youngsville, first, 1:10:01; Tom Hammel, Chapel Hill, second, 1:15:22; Maxey Mapp, Fayetteville, third, 1:22:44. Athena: Rachel Harrison, Chapel Hill, first, 51:23; Christina Stauch, Chapel Hill, second, 57:20; Laura Wessell, Hillsborough, third, 1:01:10.

Chapel Hill award winners:

10-14, Violet Olley, first, 48:00, Ariana Lynch, second, 56:25, Zoe Tolmie, Carrboro, third, 1:04:14; Shane Fitzgerald, first, 41:46, Cohen Martin, Carrboro, second, 45:09, Silas Brown, Carrboro, third, 46:06.

15-19, Meeve Bulleri, first, 56:37, Madeleine Harrison, second, 1:08:40, Divana Kamra, third, 1:24:08; Lance Hackman, second, 46:05, Graham Hagler, third, 57:10.

20-24, Walker Livingston, first, 52:19, Rene Gangarosa, second, 56:16, Lauren Boyle, Carrboro, third, 1:00:51; Sean Billy, second 34:47, Aidan Scott, third, 38:38.

25-29, Amy Castle, Hillsborough, first, 43:49, Anna Welton-Armdt, Carrboro, second, 46:23, Meghan McCarthy, Carrboro, third, 48:57; Tommy Johnson, Carrboro, first, 35:27, Michael Harris, second, 36:20.

30-34, Daniel Dev, Carrboro, third, 38:3.

35-39, Abigail Jeck, first, 46:40, Hayley Joyce, second, 49:11, Casey Leo, Carrboro, third, 49:38; Matt Staub, Carrboro, first, 38:33.

40-44, Lisa Durn, Carrboro, first, 46:49, Alexandra Borst, Carrboro, third, 49:06; Wes Knepper, Carrboro, first, 41:42, Richard O'Brien, second, 43:35, Yik Lam, Carrboro, third, 44:37.

45-49, Amy Singer, Hillsborough, first, 47:18, Nicole Brown, second, 48:25; Charlie Baxter, first, 48:58, Douglas MacKay, Carrboro, third, 42:09.

50-54, Arzu Ozoguz, first, 48:58, Kathleen Sullivan, second, 49:39, Lori Biggerstaff, third, 55:20; Marc Desormeau, first, 44:12, Scott Alexander, second, 45:07, Tim Salemy, Carrboro, third, 45:33.

55-59, Ilona Jaspers, Carrboro, first, 48:49, Katherine Baer, Carrboro, second, 50:02, Sonia Thomas, third, 54:49; Blaine Schmidt, first, 45:47, Marc Caruana, Carrboro, second, 48:27, Andrew Greene, third, 51:10.

60-64, Jane Harwell, Carrboro, first, 51:51, Cyndy Weeks, Carrboro, second, 53:05; Paul Duppen, Carrboro, first, 44:40, Gerald Meyer, Carrboro, second, 49:08, David Hardy, Carrboro, 50:18.

65-69, Laura DeWald, Carrboro, first, 57:02, Kathleen Carley, Carrboro, second, 58:55, Kelly Clark, third, 1:11:28; Randy Kauffheil, first, 50:24, Tom Hoerger, second, 50:25, Mike Adams, third, 51:14.

70-74, Nancy Margolin, first, 1:03:32, Sheila Kerrigan, second, 1:22:44, Lynda Baker, third, 1:40:59; Roger Mitchell, Carrboro, first, 54:38, John Northern, second, 1:00:20, Ed Pettiss, third, 1:02:40.

75-79, Marion Haywood, first, 1:40:40.

Sandling Beach Tri Festival

Age group (81 finishers) award winners at Sandling Beach Sprint Tri, final event of 2024 NCTS Series: Alexander Hill, Hillsborough, first 16-19, 1:29:48; Andrew Kelly, Chapel Hill, first 40-44, 1:40:23; Cindy Webster, first 60-64, 1:49:44; Amy Rodriguez, first 40-44, 1:53:14; Hailey Davis, Moncure, third 25-29, 2:03:24.

Cary Greenways Tour

Top local finishers at Bond Park, Cary:

13.1 (20 finishers), Laura Hergenrather, Chapel Hill, first woman, 1:31:59; Coleman Deans, Pittsboro, second 25-29, 1:48:25. Men's WT 1:27:20.

26.2 (51), Brooke Everson, Chapel Hill, first 15-19, 427:41, Michael Everson, third 20-24, 5:02:44. WT's 3:16:24 and 3:40:55.

5K (78), Meredith Parvin, Chapel Hill, first 25-29, 31:05; Monaj Vomga, Chapel Hill, second 45-49, 50:19. WT's 24:03 and 23:54.

10K (68), Courtney Mandeville, Hillsborough, third 30-34, 1:01:29, Cate Britzer, Chapel Hill, second 35-39, 1:06:39, Russel Deans, Pittsboro, first 60-64, 1:05:25. WT's 42:38 and 33:55.

Red Wolf Pups

The U.S. Fish and Wildlife Service confirmed that a litter of five endangered red wolf pups died after their father was killed by a vehicle on U.S. 64 on the coast, leaving fewer than 20 of their species remaining in the wild. The pups were the offspring of a 2-year-old female red wolf named Chance, otherwise designated 2413F, and her partner, 2444M and were born in the spring.

The father was killed by a vehicle soon after the pups were born. The highway runs through the Alligator River National Wildlife Refuge. Five other red wolves were killed by vehicles in the past 14 months. Pup survival is always a concern after the mortality of one of the breeding pair, particularly red wolves with their first litter, such as was the case with this pair, officials said.

"The tragic deaths of these five pups might have been prevented if we had wildlife crossings in red wolf country," said Will Harlan, a senior scientist at the Center for Biological Diversity. "It's shocking to see how a single vehicle collision has ripple effects across the critically endangered wild red wolf population. Wildlife crossings can protect people and save red wolves from extinction, but we need to build them before it's too late."

The organization noted how red wolves are monogamous and mate for life, and both parents participate in caring for their pups. "After the death of her partner, Chance was likely unable to feed and care for her pups by herself as a first-time, single mother," the group said.

Lights Out For Birds

The Town of Carrboro encourages everyone to go lights out 11 p.m. to 6 a.m. now through Nov. 30 to help save birds migrating through North Carolina.

Birds play a crucial role in Carrboro's local ecosystem. They help with seed dispersal, pollination and pest control. Additionally, their nutrient-rich droppings contribute to natural balance of nutrient cycling, enriching the soil and having a significant impact on the entire ecosystem. Preserving these species aligns with Carrboro's Community Climate Action Plan.

Turn off exterior decorative lighting, extinguish pot and flood-lights, substitute strobe lighting wherever possible, reduce atrium lighting wherever possible, turn off interior lighting especially on higher stories, substitute task and area lighting for workers staying late or pull window coverings, down-shield exterior lighting to eliminate horizontal glare and all light directed upward.

Learn more from the North Carolina Audubon Society website.

STANDINGS, Continued from page 2

O'Hara Rec 3—Aztecs 3-1-0 10, Hilary Chi 2-1-0 7, Hot Pants FC 2-0-1 6, Peso Completo 2-0-2 6, Black Sabbath 2-0-1 6, Back Up That Pass 0-2-0 2, Skormor Rangers 0-0-4 0, The Diamond Dogs 0-0-3 0.

Chapel Hill Co-Rec Bocce

Dino's Place 3-0-1 10, Carolina Bocce Crew 3-1 9, The Big LeBocce 3-1 9, Owl Movement 2-1-1 7, Bocce Brothers 1-2-1 4, Sour Power 1-3 3, Kirkland Estate 0-2-2 2, The Gaboghoulis 0-3-1 1.

Chapel Hill Co-Rec Volleyball

La Mamacita 3-0, Wiser 3-0, Team Aidan 2-0, Waffle House 2-1, STCCU Stuff-U 2-1, Big Black Attack 1-1, Smile 1-2, UNC ED 1-2, 6 Children's 0-2, Cherry Bombs 0-3, How I Set Your Mother 0-3.

Carrboro Co-Rec Ultimate

Kelly 6-0, Scarlet 4-3, Power Blue 4-4, Purple 3-5, White 1-6.

Carrboro Co-Rec Softball

Allen & Son 9-0, 401 Main 5-4, Brandewein Bombers 3-6, Street Walkin Cheetahs 1-8.



Fall Hunting

Get Your Rah Rahs Out

Chris Maroldy

I want to state unequivocally that this *might be* my favorite time of year. (I know ... I know... I'm just playing.)

Keeping in mind Helene's storm victims in the Carolinas, the weather is generally gorgeous, and there's a pep in my step each year that's noticeably lacking in the dead of winter and the depths of summer.

Deer season is in full swing for me (with bow and gun in some places), the fishing picks up considerably, squirrel season opens, and unsold Oktoberfest beer goes on deep discount. Life is good.

Yeah, you have to put up with the pumpkin spice insanity (which started around Labor Day this year if you were paying attention) but if you're like me, the actual arrival of Halloween on a hard, non-artificial date that has nothing to do with the corporate marketing calendar makes up for it.

My favorite holiday? All that said, I used to be guilty of trying to gin up seasonal enthusiasm out-of-season, too.

Back in the day, before Facebook finally drove a stake through its heart, there was an internet bowhunting forum I was quite active on. One year, the boys volunteered me to initiate, organize and run a friendly deer contest. It was for bragging rights only and encouraged taking does (a good management practice for most areas) while downplaying horn porn.

It was mainly an outlet for the guys to talk trash and have some fun with each other, and we probably did it for seven years or so before the forum started taking its last gasps.

The thing is, no matter how enthusiastically the contest was received in primetime (October and November) it was like pulling teeth each year to get the guys cranked up about it in July and August, when I'd start sign-ups. No pep in their step that far ahead

of most season openers.

That was a bit of a revelation to me. South Carolina has some deer seasons that open mid-August. It's a prime destination for traveling hunters looking for an early buck in velvet. California and other places out west and on the far coast have August and early September seasons. But I guess if you weren't hunting those seasons, you weren't all that hot and bothered to play deer games until your own season started, even if you did advertise yourself as a hard-core hunter. And I have heard some hunters poo-poo velvet antlers.

But my internet audience *was* more hard-core than most, even for bowhunters. It was a little disappointing.

And it wasn't about being pro-contest or anti-contest, or apathetic to contests. Boy, you should have seen the flood of people trying to sign up mid-contest, when folks finally got tuned in. Cyberspace "friends" you hadn't heard from since Christmas suddenly came out of the ethernet bright-eyed and bushy-tailed, raring to chase them whitetails when the weather cooled and their Midwestern or Northeastern seasons arrived!

So I'm convinced that even though I might be a year-round deer nut, most people are not, even my die-hard buddies. And when you're a cheerleader, like I am, it's sometimes difficult to accept that not everyone's down for the rah-rah.

Each year starting when SC seasons opened in August, I'd post pictures of hunters and their deer that I received from friends or that I lifted from various websites covering the Carolinas (and sometimes Virginia!). The response was crickets until the boys started paying attention around mid-October.

The only exceptions were when the hunter pictured was a good-looking woman (as you

can imagine) or a youngster. If the kid had killed a really good buck, most of the comments were along the lines of "It's all downhill from here, poor kid." Which may be true.

I know it was all uphill for me, starting out. Lots of trial and error, but I enjoyed the challenge. Not sure that explains anything about my being a cheerleader, unless it's something about wanting to see other people enjoy what I enjoy. But I burned out on strangers' deer while subscribing to North American Whitetail thirty years ago, so I get it about not getting pumped up for other people's hunting seasons.

However, the air *is* crisp and the bucks are hard-horned. It's *time* to be pumped.

Rah Rah!

Outdoor Notes

UMSTEAD BIRTHDAY

Umstead State Park, Raleigh, holds a 90th birthday bash Saturday, Oct. 19, 4-7 p.m. at Sycamore Mess Hall (at trailhead) organized by Umstead Coalition. Tickets are required. Event features the debut of "Don't Take Umstead for Granite" IPA from Clouds Brewing, pizza, music. Use the Glenwood Avenue/US70 park entrance. Register at umsteadcoalition.org website.

Umstead was established in 1934 as a National Park Service Park to provide jobs during the Great Depression to build a forested recreational park. Thousands of trees were planted to restore eroded marginal farmland, Sycamore Lake was created and group camps built in the first phase.

POE'S RIDGE HUNTING

Deer hunting at Poe's Ridge, Army Corps of Engineers property near the Jordan Dam, is allowed by permit only in two-week blocks and includes handicap accessible blind. Check out the 14-page Poe's Ridge permit hunting area guide and application form. Find it under news and notices on the Corps Wilmington District webpage for Jordan Lake. Questions? Call 919-542-4501.

BYNUM MILL AREA

The Bynum Mill Access at Lower Hall SNA closed last month until next spring for improvements, like parking lot paving, installation of a public restroom and improved paddle access. Temporary parking is available. Funding from the 2016 Connect NC bonds will pay for the improvements.

LAKES CLOSE

OWASA lakes close for the season in late October. Last day is Oct. 26 for Cane Creek, Oct. 27 for University Lake. Hours are 6:30 to 6 Friday-Sunday at UL, Friday/Saturday at Cane Creek. Fees are charged. Reservations are needed if you go before 10 a.m., otherwise it's first-come.

In Durham, city lakes (Michie and Little River) operate 6:30 to 6 Friday through Monday through Nov. 11. Fees are charged. Questions? Call Lake Michie 919-257-8650. All four lakes offer boat and kayak rentals.

HELP FOR VETS

Veterans with service-related disabilities are now eligible to apply to receive a free Annual Pass to N.C. State Parks, the Division of Parks and Recreation announced. Those who want to obtain their free pass can submit a request form along with a copy of their Summary of Benefits Letter from the federal Department of Veterans Affairs.

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UPCOMING CSN ISSUES:

Nov. 13, ACC Hoops Preview

Dec. 11, SE Skiing



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Concert For Carolina Oct. 26 In Charlotte

The Concert for Carolina to aid Helene recovery will be held Saturday, Oct. 26, at 5 p.m. at Bank of America Stadium, Charlotte, featuring Luke Combs, Eric Church, Billy Strings, James Taylor, Sheryl Crow, Keith Urban, Bailey Zimmerman were added to the show.

Hosts are Marty Smith of ESPN and Caleb Pressley of Barstool Sports.

Benefit Album

"Cardinals at the Window" (\$10 at Bandcamp) is a 136-song compilation of unreleased songs and live recordings by renowned N.C. artists to raise money for relief efforts in WNC. It was organized by musician Libby Rodenbough, David Walker of New Commute and journalist Grayson Haver Currin.

Rec Board Needs Help

Chapel Hill has three vacancies on the Parks, Greenways and Rec Commission as they embark on helping develop a master plan for public recreation the next ten years and beyond. For the September meeting only three members attended. There are nine seats.

The town is about to hire Berry/Dunn to lead the master plan effort which will take a year and determine spending priorities for capital projects for new or expanded programs and facilities like the 2024 rec bond and open space/greenways monies if approved by voters.

Berry/Dunn is based in Maine and works nationwide. In 2022, Berry/Dunn merged Colorado-based parks, recreation, and open space consulting firm GreenPlay into its Parks, Recreation, Libraries offerings. Chapel Hill is working on the contract with Berry/Dunn which could cost a reported \$300,000.

The advisory board meets once a month, but members often can do more by attending community MP public meetings scheduled by the consultant to determine what citizens want in terms of rec facilities, programs. Email advisory-boards@townofchapelhill.org for an application if you're interested. Appointments are made by the town council. Terms are three years. It's a volunteer position.

Community News

Carrboro's 19th West End Poetry Festival will be held Oct. 17-19 downtown. Here's the schedule; Thursday at Luna, Friday at ArtsCenter, Saturday at Century Center until 7:30, Steel String Brewery at 8. Admission is free.

Taste of China, food and culture, will be held Saturday, Oct. 26, 11-5 on S. Academy St., Cary.

Vampire Movie Weekends are planned at Chelsea Theater, Chapel Hill, through Nov. 4 with Friday and Saturday night shows at 10 p.m.

One Wave, a community get out the vote rally, takes place Friday, Nov. 1, 5-10 p.m. at Durham Central Park downtown. It's free. There will be voter info, booths for non-profit groups, food trucks, music, kids activities.

Duke Basketball

Men's schedule with home games all caps:

Oct. 19, LINCOLN (Pa), 1 p.m., exhibition; 27, Brotherhood Run, ARIZONA STATE, 7 p.m., exhibition, TBA.

Nov. 4, MAINE, 7, ACCN; 8, ARMY WEST POINT, 6 p.m., ACCN; 12, Kentucky, State Farm Champions Classic, Atlanta, 9 p.m., ESPN; 16, WOFFORD, 12 noon, ACC; 22, at Arizona, TBA; 26, Kansas, Las Vegas Showdown, 9 p.m., ESPN; 29, SEATTLE, 7 p.m., ACCN.

Dec. 4, AUBURN, ACC/SEC Challenge, 9:15 p.m., ESPN; 8, at Louisville, 6 p.m., ACCN; 10, INCARNATE WORD, 7 p.m., ACCN; 17, GEORGE MASON, 7 p.m., ACCN; 21, at Ga. Tech, TBA, ACCN; 31, VA. TECH, 4:30 p.m., ACCN.

Jan. 4, at SMU, 2:15 p.m., The CW; 7, PITT, ESPN; 11, NOTRE DAME, 12 noon, ESPN; 14, MIAMI, 9 p.m., ESPN; 18, at Boston College, TBA, ESPN/ESPN2/ESPNU; 15, at Wake Forest, TBA, ESPN; 27, N.C. STATE, 8:30 p.m., ESPN.

Feb. 1, NORTH CAROLINA, 6:30 p.m., ESPN; 5, at Syracuse 7 p.m., ESPN2; 8, at Clemson, TBA, ESPN; 12, CAL, 9 p.m., ACCN; 15, STANFORD, TBA, ESPN; 17, at Virginia, 8 p.m., ESPN; 22, Illinois, MSG, NYC, 8 p.m., FOX; 25, at Miami, 7 p.m., ESPN.

March 1, FLORIDA STATE, 7 p.m., ACCN; 3, WAKE FOREST, 7 p.m., ESPN; 8, at North Carolina, 6:30 p.m., ESPN.

Duke Women Schedule

Here are Duke women home game through December:

Nov. 4, Radford, 11 a.m.; 14, Dayton, 7, ACCNX; 21, Belmont, 7 p.m., ACCN.

Dec. 1, Columbia, 12 noon, ACCN; 8, Va. Tech, 4 p.m., ACCN; 18, Wofford, 7 p.m., ACCN.

Another View, Mine John Nieman

Pete Rose has died. Regular visitors to this space are aware that I have always strongly believed that his lifetime ban from baseball was justified. I couldn't understand the people who were outraged that he was given the punishment that every single professional baseball player was warned would befall them if they bet on baseball. And he did so flagrantly. Even betting on his own team.

Those who said that it was okay because he didn't bet against the team lack a fundamental understanding of betting. In order for it to be in any way justifiable—and please let me be clear. I don't believe it is in any way justifiable—he would have had to bet the same amount on every single game. And he did not do that. And even if he did, the punishment of a lifetime ban was still completely appropriate.

But it was a lifetime ban. His life is over, and he should be immediately inducted into the Hall of Fame. He was not only a great player, he may have been one of the greatest players to ever play the game. He was completely devoted to the game of baseball, and if not for his immense character flaws, he would have been in the Hall of Fame decades ago. He died on Sep. 30, 2024. It is now almost mid-October and his induction is long overdue.

Major League Baseball should have immediately called for a vote. The fact that he took so long to admit and that he continued to flaunt the fact that he was not in the Hall of Fame was just further evidence of his character flaws, and— at this point—should not be held against him.

And let me reiterate. I have been steadfastly and strongly against the lifting of the ban for his entire life. The fact that he was not able to enjoy and relish the induction ceremony while he was alive is suitable and sufficient punishment.

I keep reading about calls for Mack Brown to retire. Immediately. And I don't understand. College football head coaches are not involved in the Play-By-Play minutia of a game. They are big picture. And they are about recruiting. And quite frankly, the time for him to retire was before the season started or at the end of this season. He was and is a great football coach. And it is almost a cliché to say that the game has passed an older coach by. But in this era of portals

and NIL, the game has truly changed to the extent that experienced coaches are wise to get out and savor their legacy.

All of us boomers are being faced with a radically changed world from the one in which we made our way. This is true for every profession. Artificial intelligence alone makes retirement and withdrawal so very attractive for us.

I hope that when Coach Brown does retire—hopefully at the end of this season—he will be celebrated and remembered for the good times.

The US men's national team looked pretty good against Panama. I am writing this before the Mexico friendly. This international break should be making something of a statement. What would be wonderful would be the breakout by more world-class players on the team other than Christian Pulisic. To quote Reggie Jackson from days gone by, Pulisic is certainly the straw that stirs the drink. I shudder to think where the team would be without him.

Speaking of Pulisic, there continues to be incessant speculation of him going to a "bigger team." AC Milan is a big team and it's really working out for him. Please stay a couple of more seasons.

I have mentioned previously that Martha and I have become fervent supporters of Carolina Core, the MLS Next Pro soccer team in High Point. Last Saturday they played their final regular season game against Inter Miami II. All the teams in Next Pro were playing at the same time and so we were watching the game and our phones to see how it would shake out.

Had the Core won, they would have finished in fourth place and hosted a first round playoff game. Unfortunately, they lost 1-0 and finished 10th and out of the playoffs. Exciting, devastating, and oddly satisfying. Supporting your local minor league sports team gets my highest recommendation.

That's what we boomers do, we excel at unsolicited advice. Just ask my son.

Son Jeff has freed up time in his busy schedule and resumed playing soccer with our Dynamo team on Monday nights. I can't contain my joy.

Beef brisket sandwiches at the Core games have not helped but are so darn delicious. *Fat Boy Index: 291.*

Media Sportswatch Joel Bulkley

Credit to all the individuals, businesses, sports teams, organizations who have donated food, household goods, water, money or volunteered to help our friends and neighbors in Western North Carolina recover from Hurricane Helene. Lots of exceptional things are being done, and a lot more will be needed.

The media landscape continues to shift dramatically. DirecTV and Dish plan to merge. Yahoo Sports and The Athletic (NY Times) are partnering to develop a free website with more women's sports content. Yahoo said seven of their ten most read stories last year were about women athletes.

Bally Sports will continue NHL broadcasts of the Carolina Hurricanes after dropping most baseball teams except Atlanta. Plans for Venu Sports, a streaming combo of Fox, Disney, Warner Bros/Discovery for \$40/month, remain on hold after FuboTV sued to stop it. Disney plans a new direct to consumer streaming sports service starting next year via ESPN+.

Local papers continue to struggle. The Herald-Sun (Durham) and News & Observer (Raleigh) print about 1,850 (that's why you never see more than one copy at a grocery store) and 14,500 copies daily. Durham has about 2,687 paid subscribers (print and electronic) and Raleigh 36,000, according to 2024 postal reports. Cost for an annual subscription is \$1,819.48.

My own experience with CSN here shows it's hard to get and keep electronic readers after doing a print paper for years despite the quality of the product even if it's free.

Saw "Bull Durham a new musical" by Ron Shelton, presented by Theatre Raleigh at Duke last month. It was fun and entertaining, the audience loved it, but I doubt it's headed to off-Broadway. It's not an exciting toe-tapper like "Diamond Studs" of years ago. My MVPs were Annie (Carmen Cusack) and Luke (Nik Walker).

ESPN's latest pre-season hoops poll had Kansas 1, Alabama 2, UConn 3 and Houston 4. Duke was 8, UNC 11. Early bracketology had seven ACC teams in the NCAA Tournament, something the ACC commissioner certainly would like to see amid speculation the ACC is considering a reduction in conference games from 20 in an effort to upgrade non conference schedules throughout the league. UNC and Duke have challenging non conference games, many others not so much.

Looking for a complete list of weekend TV college football games? Check the Thursday edition of U SAToday. It has games listed by time and TV network with point spreads on another page. WNCN of Raleigh has good coverage of football with video highlights at the smaller schools in the Triangle (NCCU, Shaw, St. Campbell, Fayetteville State) Sunday nights at 11:30 p.m.

Despite news reports from ESPN, Sportico, Axios Raleigh about the likely sale of the N.C. Courage, the future of the team and the NCFB is anything but clear. The Courage are selling season tickets for 2025. One of the Courage investors is Capitol Broadcasting so don't expect any news there. The Courage are the backbone of soccer in the Triangle and no one wants to see that change.

Local Fall Road Races

November

- 2, Peanut Butter Jelly Jog 5K, Graham.
- 9, Eve Carson Memorial 5K for Education, Chapel Hill.
- 10, Kilometers for the Kids 5K, Chapel Hill.
- 10, Jodi Kovich Memorial 5K, Durham.
- 16, Durham Academy 5K, Durham.
- 17, SHAC 5K, Chapel Hill.
- 23, Camp Chestnut Ridge Trail Run, 8/4m, Efland.
- 28, Birds of a Feather Trail Trot 5K, Briar Chapel, Chapel Hill.
- 28, Trosa Turkey Trot 5K, Durham.
- 28, Gallop & Gorge 8K, Carrboro.
- 28, Turkey Trot 5K, Burlington.
- 28, Turkey Trot 5K, Hillsborough (free).
- 28, Thanksgiving Day (formerly New Balance) 8K/5K, Durham.

December

- 7, Into the Woods 5K, Briar Chapel, Chapel Hill.
- 7, Race 13.1 Durham HM/10K/5K.
- 7, Run at the Rock Trail HM/10K/5K, Burlington.
- 7, Viking Dash Trail Run 5K/10K trail, New Hill.
- 7, Jingle Bell LEAP 5K, Durham.
- 7, Shakori Ultra, 40M/40K/40M Relay, Pittsboro.
- 8, Running of the Elves, 1m, Hillsborough
- 14, Reindeer Run 5K, Pittsboro.
- 15, Mebane on the Move 5K, Mebane.

Historic Hillsborough HM

Preston Wethington (1:14:34) of Anchorage, AK, and Samantha Rueckeis (1:26:05) of Raleigh were the leaders at 7th Historic Hillsborough HM.

Durham runners Eric Bell (1:18:11) and Tom Kreger (1:18:14) were second and third. Laura Pietrosimone (1:28:57) and Rebecca Fillipo (1:31:16), both of Durham, were second and third women. There were 309 finishers, compared to 288 last year.

Hillsborough runners dominated the masters leaderboard: Brian Schneidewind (1:20:37) was first, Jon Zieffle (1:27:34) of Durham second, Justin Thomas (1:30:32) third. Megan Cooke (1:40:27) was first masters female, Leslie Stone (1:42:42) of Hillsborough second and Susan Gilchrist (1:44:54) of Memphis, TN, third.

Hillsborough age group award winners:

19&U, Phineas Brown, first, 1:25:16, Ryan Matthews, second, 1:26:37.

20-24, Madeline Huh, Carrboro, second, 1:35:06; Brian Richardson, Chapel Hill, first, 1:21:53.

25-29, Sarah Houck, Chapel Hill, second, 1:39:26, Hazel Milla, Chapel Hill, third, 1:44:31, Thomas Carney, Chapel Hill, second, 1:45:04.

30-34, Benjamin Gurley, first, 1:30:12, Andrew Watson, second, 1:30:25, Joshua Belin, Chapel Hill, third, 1:42:36.

35-39, Courtney Mandeville, second, 1:29:51, Erik Macintosh, Mebane, third, 1:32:35.

40-44, Lori Whitman, first, 1:49:17, Kristin Staley, second, 2:06:49; Justin Gladman, Chapel Hill, first, 1:38:07, Tommy Noonan, Saxapahaw, second, 1:40:21, Hathaway Pendergrass, third, 1:41:26.

45-49, Kristen Dubai, third, 1:52:12.

50-54, Tami Pfeifer, second, 1:56:24, LeAnne Paulakonis, third, 2:01:34; Gabriel Milla, Chapel Hill, first, 1:30:53, Wade Bemmels, Chapel Hill, second, 1:42:11.

55-59, Lynne Millies, first, 2:03:37, Christine Cotton, Chapel Hill, second, 2:07:58, Amy Cook, Chapel Hill, 2:07:58; Blaine Schmidt, Chapel Hill, third, 1:44:11.

60-64, Dana Lebo, Chapel Hill, first, 1:54:12, Terri Levine, second, 2:02:02, Elizabeth Carey, Pittsboro, third, 2:04:46; Bruce Smith, Mebane, first, 1:57:01, Weitao Yang, Chapel Hill, second, 2:00:53, Mike Truell, Mebane, third, 2:01:42.

65-69, Ralph Pini, first, 1:55:07, Keith Houck, Chapel Hill, second, 1:56:04.

70-74, 70-74, Tom Carr, second, 2:48:52.

Thomson, Merritt Lead

Colin Thomson (18:54) and Gabrielle Merritt (18:46), both of Chapel Hill, were the leaders at 15th Cleft Palate Gallop 5K in Chapel Hill. There were 177 finishers (343 registered), up from 82 last year.

Chapel Hillians Pasulth Thothaveesansuk (20:18) and Coleman Bumgardner (20:24) were second and third. Cate Schultz (20:38) of Bethesda, MD, was second and Olivia Linthavong (21:58) of Burlington third.

Local award winners included Gertrude Hanermann, 28:25, and Theo Divaris Villa, 31:29, 15&U; Sienna Ayes, 16-19, 25:08; Kim Ritola, 40-49, 23:48; Nahan White, 40-49, 23:15; Tina Clossik, 50-59, 27:31; Brad Fox, 60+. 21:02.

Runners Shine In Cary

Chapel Hill runners were at the top of the leaderboard for Dream Mile races in Cary.

Steven Pappas (45:55) of Hillsborough was first in the 10K (32 finishers). Forest Li (48:03) of Chapel Hill was second. Apoorva Lyengar (50:58) was the second woman.

Kim Manturuk (25:35) of Chapel Hill was the women's leader in the 5K (75). Men's WT was 19:07.

She Tris Sprint Tri

Maria Evola (54:03) of Carrboro was the top local finisher, first master, at She Tris (formerly Ramblin Rose) women-only sprint triathlon in Chapel Hill. There were 194 finishers, compared to 177 last year, for 250y swim, 9m bike, 2m run. WT was 50:32. Mary Thompson, Chapel Hill, was third master, 55:42.

Other Chapel Hill award winners were Natalie Stasko, third 14&U, 1:07:58; Erika Limezs, second 15-19, 1:04:02; Polly Creveling, third 25-29, 59:02; Mary Wangen, Pittsboro, second 30-34, 57:56; Laura Rosenberger, first 40-44, 56:09; Erin Kent, third 45-49, 1:02:28; Lisa Tarantino, first 55-59, 1:00:42, Sonia Thomas, second, 1:01:11.

Harding First In Sims Tri

Naomi Harding (1:30:11) of Chapel Hill was the women's winner and first collegiate woman at Battle at Buckhorn Sprint Tri in Sims. Men's WT was 1:11:03 for 750m swim, 17m bike, 5K run. There were 120 finishers, down from 242 in 2023.



Barrs Recreation of Pittsboro designed the new all-inclusive playground coming to the Chapel Hill Community Center next year with features from Burke playground equipment. Park visitors will get a preview of the new features from Burke of Wisconsin this fall with one sample displayed in eight city parks.

Joanna Younts, Chapel Hill, was second woman overall, 1:33:16, and Madeline Sparrow, Chapel Hill, third, 1:35:39 and second woman collegiate finisher.

Alex Hill, Hillsborough, was first 16-19, 1:24:58; Ken Younts, second 55-59, 1:27:17; William Kim, first 50-54, 1:32:39; Sarah Reintjes-Tolen, Carrboro, first 35-39, 1:41:57; Zachary Christopherson, Hillsborough, second 40-44, 1:47:51; Connie Lombardo, Chapel Hill, second 16-19, 1:49:56.

9 to 5K Challenge

A host of Chapel Hill runners earned awards at the 9 to 5K Challenge, a team-based event, in RTP (440 runners). Runners earned points for their teams. Top 3 in standings were Team Deloitte 83, BCNC 53, Team Captain Kangaroo 50 (31 teams).

Bingham Feng, first 1-10M, 24:53; Berkeley Starr, first 11-14W, 27:04; Wyatt Grine, first 15-19M, 25:52; Yinan Feng, first 15-19W, 28:56; Shane Hetrick, second 20-24M, 20:55; Kelsey Hudson, first 20-24W, 23:50; James Nowicki, second 35-39M, 23:16; Micah Whitson, first 40-44M, 19:46; Yuangfu Feng, second 45-49M, 24:53; Dan Hu, second 45-49W, 29:06; Christina Starr, third, 29:19; Jeanne Lovmo, second 50-54W, 27:40; Beth Donahue, third, 28:35; Ann Partin, second 55-59W, 32:44; George Miller, Hillsborough, first 60-64M, 26:42, Donald Burroughs, third, 30:33, Brad Alexander, second 60-64M, 35:42.

Locals Star At BR Relay

The Blue Ridge Relay, 208-mile endurance run from Grayson Highlands SP, Va., to Asheville, started with 200 teams and ended with 177 after runners tackled the increase of 27,000 feet in elevation. Most teams had 12 runners. Local teams had strong performances including a new course record in open women. WT was 20:11:43 by a team from Darien, Conn. Team rosters were N/A.

Here's a report on 14 area teams:

Bull City TC men's masters, Chapel Hill, fourth overall and first MM division, 22:22:28.

Bull City Track Ladies, Durham, seventh overall, first women division, 24:10:23, new course record, broke their own record mark from last year of 24:21:33.

Jill's Joggers, Durham, tenth overall, ten runners, seventh in open, 24:21:54.

Bull City Running Party Race, Durham, 33 overall, 21 open, 27:45:53.

Devolving Quickly F-3 Churham, Durham, 59 overall, 37 open, 29:29:37.

Trail Mix, Durham, 61 overall, 30 open, 29:34:42.

The Snack Pack, Durham, 67 overall, 43 open, 29:52:20.

Are There Yeti?, Pittsboro, 104 overall, 8 mixed, 31:28:17.

Couch to (336) K, Hillsborough, 142 overall, 96 open, 33:17:39.

S3: Slow Steady Strong, Chapel Hill, 11 runners, 148 overall, 101 open, 33:30:40.

Sour Pour, Chapel Hill, 150 overall, first masters mixed, 33:35:03.

Hopping Nomads, Durham, 153 overall, 11 mixed, 33:56:53.

Running in Circles, Chapel Hill, 158 overall, first women master, 34:26:18.

Snails and Darters, Chapel Hill, 162 overall, 12th mixed, 35:09:41.

Donate Life NC Hero Run

Chapel Hill runners dominated the leaderboard at Donate Life NC Hero Run 5K in Durham. Emma Monas-Ramanssini (22:12) was the women's winner, with Robert Stoll (23:27) first male and Andrew Mitz (25:58) third. There were 87 finishers, up from 36 last year.

Evie Ditter (32:49) was first 11-17.

Rittgers Third At Belews Lake

Bailey Rittgers (2:42:44) of Hillsborough was third woman overall at Belews Lake Olympic Triathlon in Stokesdale. WTs were 2:15:01 and 2:32:03 (115 finishers). Distances were 1500m swim, 25m bike, 10K run.

Jacqueline Orza of Chapel Hill (3:22:04) was second 25-29; Madeline Perlwitz (3:09:32) second 25-29; Bruce Smith (3:23:47) of Mebane first 60-64.

Pups & Pastries Runs

Local award winners at Pups and Pastries 6.5m run in Cary (35 finishers): Julia Gray, Chapel Hill, second 25-29, 1:15:36; Amelia Jackson, second 50-54, 1:29:22; Nelson Norwood, first 25-29, 1:15:35. WTs were 50:32 and 49:04.

In the 5K (156, up from 84 last year), WTs were 20:12 and 21:32. Taylor Leinhart, Chapel Hill, first 30-34, 27:01; Katie Merritt, Hillsborough, first 40-44, 28:25; C. Merritt, Hillsborough, first 10-14, 24:26; Charlie Meyers, Chapel Hill, third 30-34, 24:00.

White Lake Double Sprint Tri

Allison Paul (1:29:43) of Hillsborough was the first woman in the advanced division at White Lake Fall Double Sprint Triathlon.

Mark Carey (1:29:10) of Chapel Hill was first 50-54 in age group division (79). Distances were 375 meter swim, 1.5m run, 18.5m bike, 1.5m run, 375 meter swim. Philip Rogers (1:39:44) of Chapel Hill was second 55-59 and Katrina Smith (2:10:30) of Mebane third 55-59.

Strike Out Sarcoma

Laura Rosenberger (27:20) of Chapel Hill was the women's winner at Strike Out Sarcoma 5K in Cary (75). Men's WT was 21:03.

Myles Jermyn (37:59) of Hillsborough was first male and Grant Schmid (38:53) of Efland second in the 10K (13), with Lynn McGugan (1:02:04) of Mebane first woman.

Merrill Second In Cannonball HM

Abbi Morrell (1:36:35) of Hillsborough was second woman overall at Cannonball HM in Greensboro (355 finishers). WTs were 1:18:26 and 1:31:00.

Carri Reisdorf, Chapel Hill, was second 45-49, 1:57:31; John Dehart, Chapel Hill, second 65-69, 2:04:05.

In the Marathon (135), Ande Richardson, Chapel Hill, was third 20-29, 3:56:22 and Janet Thomas, Hillsborough, second 40-49, 3:06:18. WTs were 2:38:23 and 3:00:41.

Triangle Run For Autism

Six runners earned awards at Triangle Run for Autism 5K in Raleigh (308 finishers, up from 199 last year). WTs were 17:36 and 23:26.

Beckett Millet, Hillsborough, third 16-19, 23:25; Abigail Bowers, Hillsborough, third 16-19, 59:18; Frank Wagoner, Pittsboro, second 20-24, 18:16; David Mayer, Chapel Hill, second 60-64, 29:10, Young Whang, Hillsborough, third, 33:13; Lucy Boyd, Mebane, third 65-69, 47:33.

Collichio First At SAS 5K

Dominic Collichio (16:42) of Chapel Hill was the men's winner at the 5K at SAS Championship in Cary. There were 246 finishers, compared to 174 in 2023. Women's WT was 22:28.

Robert Hummer, Chapel Hill, was second 60+, 26:03, and Frances Collichio, Chapel Hill, second 60+, 28:03.

Triangle Open Hurricane Swim

Lauren Louis (1:00:14) of Chapel Hill was first female master at Triangle Open Water Hurricane Swim 2 miler at Jordan Lake, Pittsboro (37 finishers, down from 52 last year). WTs were 51:02 and 53:24.

Award winners: Kelly Muscatell, Chapel Hill, first 35-39, 1:08:16; Juli Bisenius, Pittsboro, third 55-59, 1:31:23.

Michael Cotton, (26:40) of Chapel Hill was second male in the one mile. WT was 24:11. Jenna Halenda (28:28) of Carrboro was second woman. WT was 28:05.

Scout Correa, Chapel Hill, was second 20-24, 32:03; Sara Larson, Chapel Hill, third 50-54, 36:58; Alison Hilton, Carrboro, second 55-59, 41:05; Kay Schegel-Pratt, Chapel Hill, first 70-74, 42:05; Robert Mission, Chapel Hill, first 45-49, 42:11.